

Controlled Substance Education

Did you know?

- 1) There is NO evidence that opioid medications are more effective than non-opioid medications in controlling pain and improving functional abilities of patients with chronic pain. ____ (initial)
- 2) Opioid medications DO NOT specifically target or treat the cause of your pain. ____ (initial)
- 3) A Successful pain management plan should:
 - a. Improve physical function ____ (initial)
 - b. Improve quality of life ____ (initial)
 - c. Improve, but likely not eliminate pain ____ (initial)
- 4) Opioid medications can cause both physical and psychological dependence. ____ (initial)
- 5) Opioids are considered high risk medications due to their potential side effects which include:
 - a. Moderate side effects: constipation, nausea, itching, urinary retention ____ (initial)
 - b. Serious side effects: impairment of reasoning and judgment, harm to unborn child, tolerance, dependence, addiction, respiratory depression, coma, overdose, and **DEATH**. ____ (initial)
- 6) Stimulants are considered high risk medications due to their potential for side effects which include:
 - a. Moderate side effects: nausea, vomiting, headache, decreased appetite, stomach ache, insomnia. ____ (initial)
 - b. Serious side effects: dependence, abuse, elevated heart rate, irregular heart rhythm, motor tics, seizure, sudden death. ____ (initial)
- 7) Our provider office DOES NOT prescribe benzodiazepines, like Xanax, Ativan, Valium, Klonopin on a long term basis due to the risks of these medications which include:
 - a. Moderate side effects: drowsiness, dizziness, impaired concentration, impaired coordination ____ (initial)
 - b. Serious side effects: dependency, abuse, respiratory depression, severe withdrawal, seizures, and death ____ (initial)
- 8) You can safely dispose of unused Controlled Substances at these locations:
 - a. Walgreens Nationwide ____ (initial)
 - b. Michigan State Police ____ (initial)
 - c. Capital Counties Commit program and Capital Area Take Back Meds ____ (initial)
 - i. Find locations at <http://www.takebackmeds.org/drop-off-locations> ____ (initial)
- 9) It is considered a FELONY offense if you:
 - a. Alter or forge a Controlled Substance prescription ____ (initial)
 - b. Give, trade or sell a Controlled substance ____ (initial)
- 10) You can be charged with a DUI if you choose to drive a vehicle while taking an opioid medication ____ (initial)
- 11) CDC guidelines recommend against the concurrent use of both benzodiazepines and opioid medications. Our office will not prescribe any opioid medications to patients who are also receiving benzodiazepines. ____ (initial)
- 12) Under new State of Michigan legislation medical providers must completely review a patient's medical and clinical records along with completing a full assessment of the patient's current medical condition prior to prescribing any Controlled Substances. ____ (initial)
- 13) There is no implied or expressed patient right to Controlled Substances in our provider office ____ (initial)

I have received education regarding the use and side effects of Controlled Substances, including opioids.

Date: _____ Time: _____ Patient Signature: _____

Date: _____ Time: _____ Provider Signature: _____