

# Social Isolation & Loneliness in Rural Areas: Impact on Older Adults

May 1, 2024  
12 PM- 1 PM EST  
Zoom Webinar

## Geriatrics Grand Rounds



**SPEAKERS: iMPROVe Health**

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### Objectives:

1. Describe the state of Social Isolation and Loneliness in Michigan with a focus on rural communities.
2. Explain the impact of social isolation and loneliness on mental and physical health, particularly in older adults.
3. Identify strategies for addressing social isolation and loneliness.

### Learning Outcome:

After attending this session, participants will have increased knowledge of how social isolation and loneliness impact their patients' physical and emotional health and the resources they can provide to address these issues.

## Continuing Education Information

### Nurses -Social Workers- Community Health Workers -

Participants who attend the entire session and complete an evaluation form will receive a certificate for 1.0 contact hours.

**Physicians-** All Physicians who attend the session and complete the evaluation form will receive a certificate for 1.0 contact hours. This will allow you to self-claim credit for this program.

**Pharmacists/Pharmacy Technicians** – Participants who attend the entire session, complete the evaluation and post-test will receive a certificate for 1.0 Contact hours.

Michigan Center for Rural Health has applied to the Michigan Board of Pharmacy for **1 hour** of continuing education for **pharmacists and pharmacy technicians**.

Michigan State University College of Nursing is accredited with distinction as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

The Michigan Center for Rural Health is an approved provider with the Michigan Social Work Continuing Education Collaborative. Approved Provider Number: MICEC-0070

The Michigan Center for Rural Health is an approved provider with the Michigan Community Health Worker Association.



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Questions? Contact Renee Calkins: [renee.calkins@affiliate.msu.edu](mailto:renee.calkins@affiliate.msu.edu)



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