### Growing Healthy Eaters: Tuesday, November 5, 2024 12 PM- 1 PM EST Strengthening Local Fruit & Vegetable Access Zoom Webinar

# **Dietetics Grand Rounds**



SPEAKER: Dawn Earnesty, PhD, RDN Senior Extension Specialist Michigan State University

## **Continuing Education Information**

Participants who attend the entire session and complete an evaluation form will receive a certificate for 1.0 contact hours. This session provides 1.0 hours of continuing education for:

- Registered Dieticians, Nutritionists, & Dietetic Technicians
- Nurses
- Social Workers
- Community Health Workers

**Physicians**- All Physicians who attend the session and complete the evaluation form will receive a certificate for 1.0 contact hours. This will allow you to self-claim credit for this program.

### **Objectives:**

- 1. Describe the Growing Healthy Eaters methodology and project implementation.
- 2. Discuss the policy, system, and environmental change interventions that occurred with low-income childcare providers in Michigan.
- 3. To summarize evaluation results focused on increasing the amount of fruits and vegetables served to young children and policies, systems, and environmental changes to improve access to local, fruit and vegetables.

### Learning Outcome:

At the end of this session, participants will be able to identify farm to early care and education policies, system and environmental changes to improve fruit and vegetable consumption among young children.

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