# Updates in Asthma Care: The Dangers of OCS & SABA Overuse

May 20, 2025 12 pm - 1 pm EST Zoom Webinar

# **Special Topics Grand Rounds**



## **SPEAKER:**

Karla Stoermer Grossman, MHSA, BSN, RN, AE-C Clinical Site Coordinator Michigan Medicine: INHALE

# Continuing Education Information

**Pharmacy Technicians** 

**Pharmacists** 

**Nurses** 

Physicians

**Social Workers** 

All Participants who attend the entire session and complete the evaluation form will receive a certificate for 1.0 contact hours. This will allow physicians to self-claim credit for this program.

- Michigan State University College of Nursing is accredited with distinction as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.
- The Michigan Center for Rural Health is an approved provider with the Michigan Social Work Continuing Education Collaborative. Approved Provider Number: MICEC-0070
- Michigan Center for Rural Health has applied for 1.0 contact hour for Pharmacists and Pharmacy Technicians though the Michigan Board of Pharmacy.

# **Objectives:**

- Describe negative impacts
   of both short-acting beta agonist (SABA) and oral
   corticosteroid (OCS) overuse
   in patients with asthma.
- Contrast NAEPP and GINA guidelines and highlight key differences.
- Connect updated guidelines to changes in educational strategies for patients and providers.

### **Learning Outcome:**

After attending this session, participants will have increased knowledge of the risks of SABA and OCS overuse in patients with asthma and resources available for patient and provider education.



**Ouestions? Contact Renee Calkins** 



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