Sports Nutrition, Eating Disorder Risk, and Collaborative Care for Athletes: A Comprehensive Overview for Providers

May 22, 2025 12 pm - 1 pm EST Zoom Webinar

Dietetics Grand Rounds



SPEAKER:

Kaitlyn Pscodna, LLC

Owner/Sports Dietitian/Social Worker

Continuing Education Information



Objectives:

- Identify roles of healthcare providers in preventing and treating eating disorders in athletes.
- Understand eating disorder risks, common types, early warning signs, and key screening indicators in athletes.
- Explore gaps in eating disorder care for athletes and strategies for improving interdisciplinary collaboration.

Learning Outcome:

After attending this session, participants will have increased knowledge of risks, screening, and collaborative treatment of eating disorders in athletes to optimize support.

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All Participants who attend the entire session and complete the evaluation form will receive a certificate for 1.0 contact hours. This will allow physicians to selfclaim credit for this program.

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Questions? Contact Renee Calkins



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