

## **AGENDA**

Scott Stepanski **Community Engagement Manager**Merit Network, Inc.

- What the pandemic taught us
- Innovative rural telemedicine projects
- Grants available for telemedicine

Planning for your telemedicine grant

- Resources for grant seekers
- Questions & Discussion

Kelly Hirko, PhD, MPH

Assistant Professor

Michigan State University

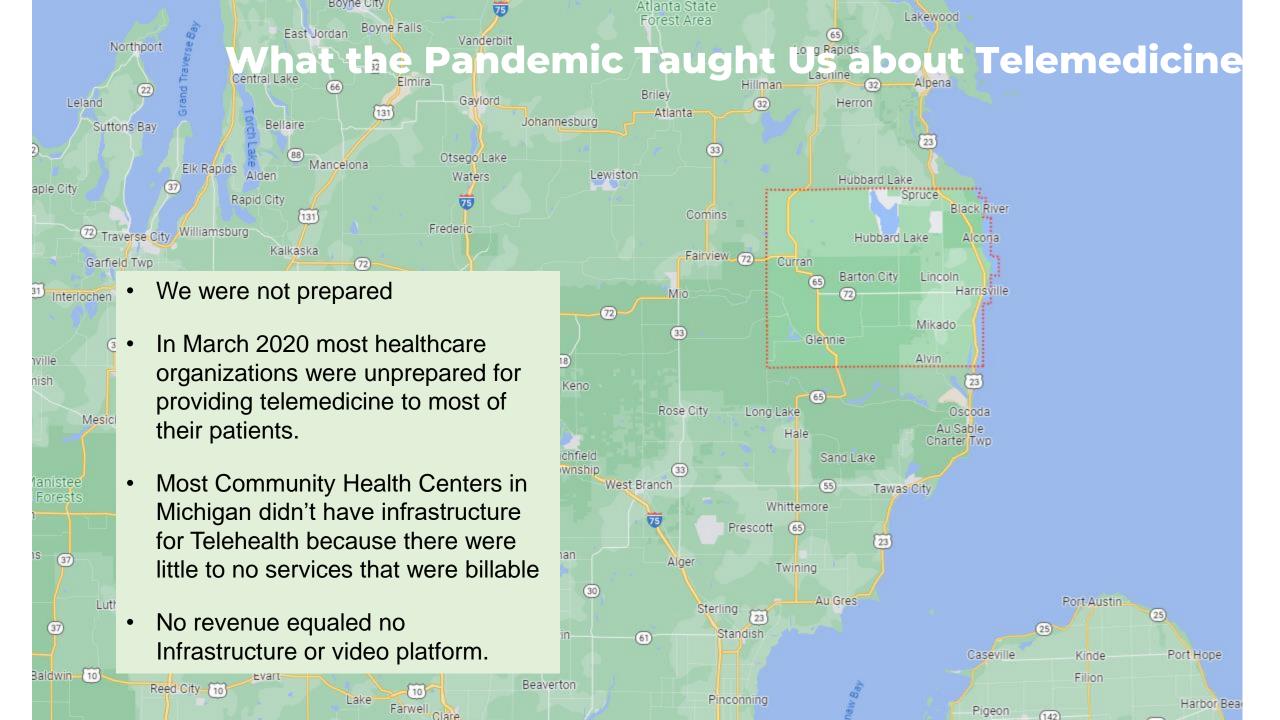
Chris Greene Hutchings

Moonshot Program Manager

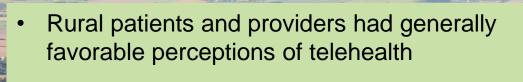
Merit Network, Inc.



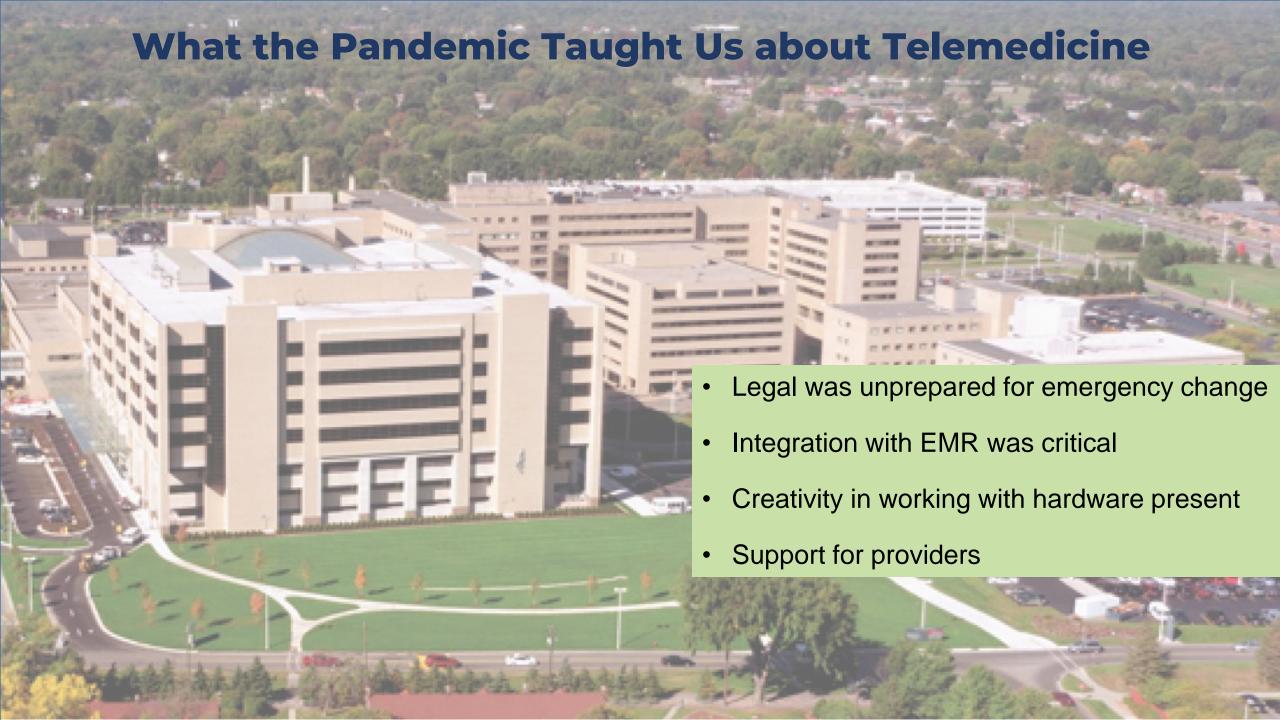




#### What the Pandemic Taught Us about Telemedicine



- Challenges related to scheduling follow-up visits and technology barriers
- Ease of use was strongest predictor of telemedicine use
- Disparities technology proficiency and broadband internet access
- Medical education training in telemedicine



# Study Models Telehealth Savings

#### **Article**

"By the most reasonable conservative estimates, we show that preventable emergency department visits, preventable hospital admissions and readmissions, and lost economic productivity offer huge savings opportunities for these ten counties, totaling almost \$43 million each year."

https://ilsr.org/increased-wellness-andeconomic-return-of-universalbroadband-infrastructure/

#### **Calculator**

- Created by Institute for Local Self Reliance (ILSR)
- Calculate the same benefits reported in study
- Input county, hospital, population
- Select variables

https://srbwihealthcalculator.com/

# What the Pandemic Taught Us

#### What Didn't Work

- Home internet access and technology proficiency challenges
- Telemedicine via smartphone
- New user technology without user support
- New provider technology without training or support
- Some patients/providers dislike telemedicine

#### What Did Work

- Meeting users where they are (e.g., expanding access to public Wi-Fi, providing hotspots, designated locations for telemedicine visits)
- Easy to use video platforms
- Providing tablets to patients
- Some patients & providers love it!





# Remote Cardiac Rehab Gym

- Benson Hospital in rural AZ
- Treadmill, bike, free weights
- Camera and large-screen TV
- Physiologist in Tuscon
- More likely to complete rehab



https://telemedicine.arizona.edu/blog/benson-hospital-leverages-telehealth-bring-more-services-rural-communities-cochise-county



# **Kiosk at Public Library**

- Delaware Libraries (and others)
- Pilot at 3 small town libraries
- Kiosk
- Device loan program
- Skype, FaceTime, Zoom
- Telemedicine Platforms
- Trained digital navigators



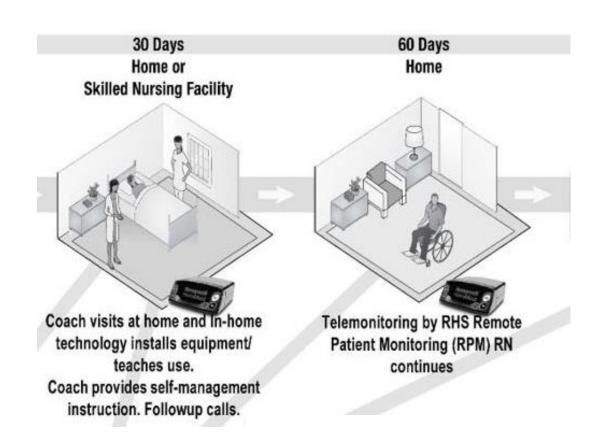


# Acute Care Evaluations for Long-Term Care



# Remote Home Monitoring and Chronic Disease Self-Management

- Bay Rivers Telehealth Alliance in VA
- Blood pressure, oxygenation, weight
- Visiting health coach
- Readmission rates reduced

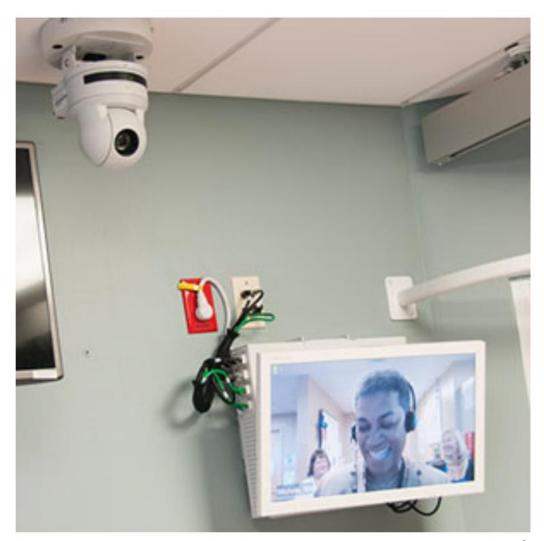






# Tele-ICU between VA Hospitals

- Eastern Oklahoma VA Health Care System
- 24/7 remote patient monitoring of ICU and ED
- Teleconferencing equipment
- Critical care nurses in OK connect to MDs
   & RNs at Cincinnati VA Medical Center
- Additional 17 K hours of Intensivist or Certified Critical Care RN time







# **USDA Distance Learning and Telemedicine Program Grants**

\$ 1,000,000 maximum award

**Annual Program** 

- State and local governments, Federally-recognized Tribes, non-profits, for-profits, groups of eligible entities
- Promote equity and economic opportunity in rural America
- Helping prepare for future pandemic events
- Ensuring racial equity
- Rebuilding our rural economy
- Addressing the climate crisis

www.rd.usda.gov/programs-services/telecommunications-programs/distance-learning-telemedicine-grants

# USDA Community Facilities Direct Loan and Grant Program

**Funding amount varies** 

Ongoing basis

- Public bodies, community-based non-profit corporations, Federally-recognized Tribes
- Direct loans and/or grants for essential community facilities in rural areas
- Priority is given to healthcare, education, and public safety projects
- Funds may be used to purchase, construct, enlarge, or improve facilities
- Utility services such as telemedicine and distance learning equipment

www.rd.usda.gov/programs-services/community-facilities/community-facilities-direct-loan-grant-program

# **FRS Virtual Living Room**

Award amounts not specified

Ongoing basis

- Provide telehealth space for veterans
- Communities > 1 hour from nearest VA
- Membership in NTCA: The Rural Broadband Association

www.frs.org/virtuallivingroom



# HRSA Screening and Treatment for Maternal Mental Health and Substance Use Disorders

\$ 750,000 award ceiling

June 2, 2023

- States or political subdivisions (i.e. counties)
- Expand health care providers' capacity to screen, assess, treat, and refer pregnant and postpartum people for maternal mental health and substance use disorders
- Increase access to treatment and recovery support services for pregnant and postpartum persons that are culturally and linguistically appropriate (e.g., translation of materials), community-based, that may be provided in-person or via telehealth.

#### **HRSA Pediatric Mental Health Care Access**

#### \$ 500,000 estimated award amount

June 12, 2023

- States or political subdivisions (i.e. counties)
- Promote behavioral health integration in pediatric primary care by supporting . . . pediatric mental healthcare telehealth access programs.
- Increase the number of providers using real-time behavioral consultations and/or care coordination support services (including referrals)
- Increase the number of children and adolescents for whom a provider contacted the program for consultation and/or care coordination support services, especially those living in rural and other underserved areas

## **HRSA Rural Health Care Coordination Program**

#### \$ 300,000 award ceiling

September 1, 2023

- Domestic public or private, non-profit or for-profit entities, including faith-based, community-based, tribes, and tribal organizations
- Expand access to and quality of equitable health care services through care coordination strategies exclusively in rural areas
- Utilize an innovative evidence-based, promising practice, and/or value-based care model(s)... to improve patient health outcomes and the planning and delivery of patient-centered health care services
- Increase collaboration among multi-sector and multidisciplinary network partnerships to address the underlying factors related to social determinants of health
- Develop and implement deliberate and sustainable strategies of care coordination into policies, procedures, staffing, services, and communication systems



# Planning for a Telemedicine Grant Application

- 1. Form your coalition
- 2. Assess current state
- 3. Identify community needs / coalition interests
- 4. Identify targeted grants & read fine print
- 5. Design program with targeted grant(s) in mind
- 6. Develop cost estimate
- 7. Draft proposal narrative
- 8. Develop project budget
- 9. Submit application



# **Links to Telemedicine Grants**

#### **USDA Distance Learning and Telemedicine Program Grants**

www.rd.usda.gov/programs-services/telecommunications-programs/distance-learning-telemedicine-grants

#### **USDA Community Facilities Direct Loan and Grant Program**

www.rd.usda.gov/programs-services/community-facilities/community-facilities-direct-loan-grant-program

#### **FRS Virtual Living Room**

www.frs.org/virtuallivingroom

# HRSA Screening and Treatment for Maternal Mental Health and Substance Use Disorders

www.hrsa.gov/grants/find-funding/HRSA-23-085

#### **HRSA Pediatric Mental Health Care Access**

www.ruralhealthinfo.org/funding/4434

#### **HRSA Rural Health Care Coordination Program**

www.hrsa.gov/grants/find-funding/HRSA-23-125



### **Resources for Grant Seekers**

- Link to Merit Network webinar on preparing for grants
- UMTRC: Grant Basics
- University of North Dakota <u>Rural Health HIT Grant Writing Kit</u>
- Digital Medicine Society's <u>Digital Health Measurement Collaborative</u> <u>Community</u>
- <u>Telehealth digital literacy assessment</u> from NorthStar
- BurrowsConsulting.net
- LearnDesignApply.com
- GrantsOffice.com



## **General Telemedicine Resources**

- Upper Midwest Telehealth Resource Center (UMTRC)
- National Telehealth Technology Assessment Resource Center (TTAC)
- Center for Connected Health Policy (CCHP)
- Rural Health Information Hub: <u>Rural Project Examples of Telehealth</u>
- HHS Best Practice Guide: <u>Introduction to direct-to-consumer</u> <u>telehealth</u>
- Comprehensive Patient Assessment using Telehealth in the Home (CPATH) framework
- Idaho Telehealth and Libraries Toolkit
- Telehealth Equity Coalition



# Questions?



Scott Stepanski

SStepans@merit.edu

Merit Network, Inc.



Kelly Hirko, PhD, MPH

HirkoKel@msu.edu

Michigan State University



Chris Greene Hutchings

CRGreene@merit.edu

Merit Network, Inc.

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