



Federal Update: Critical Access Hospitals in the Rural Landscape

2022 Michigan Critical Access Hospital Conference November 10, 2022

Tom Morris
Federal Office of Rural Health Policy
Health Resources and Services Administration (HRSA)

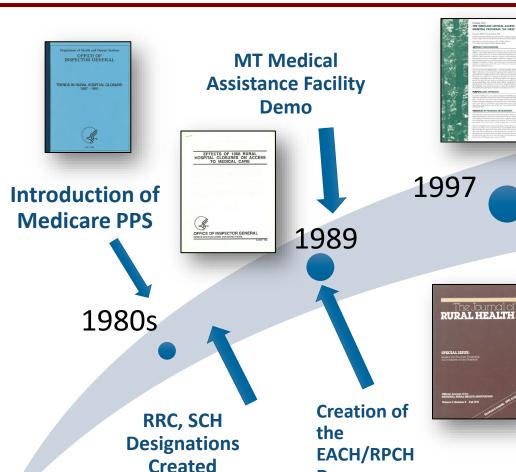
Vision: Healthy Communities, Healthy People



The 25-Year Journey of Flex Program and CAHs

A Noteworthy Public Policy Success

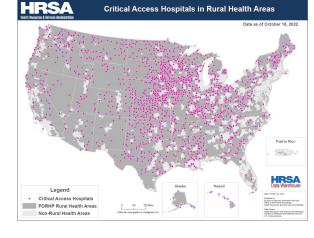
Demo



1997



2000s



https://www.politico.com/story/2009/09/ the-pros-and-cons-of-reconciliation-

BBA creates the **CAH** and Flex Program; but funding doesn't start until 1998

2010s

- 2010 ACA adds CAH 340b eligibility
- **2011 Flex Medicare Beneficiary Quality Improvement Begins**



The Federal Office of Rural Health Policy

Established in Section 711 of the Social Security Act

The Federal Office of Rural Health Policy (FORHP) collaborates with rural communities and partners to support community programs and shape policy that will improve health in rural America.

Cross Agency Collaboration

Works across HRSA, HHS, and several other federal partners to accomplish its goals

Capacity Building

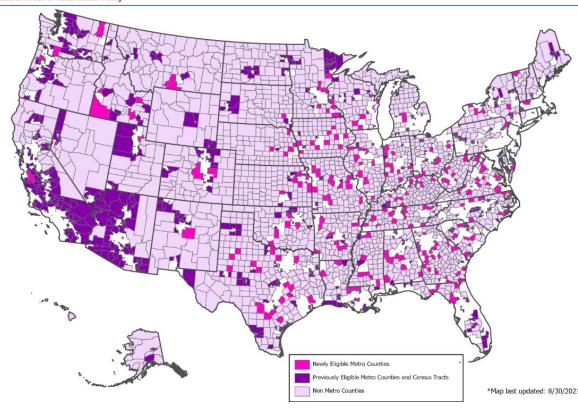
Increases access to health care for people in rural communities through grant programs and public partnerships

Voice for Rural

Advises the HHS Secretary on policy and regulation that affect rural areas

J.S. Department of Health & Human Services HIRSA Federal Office of Rural Health Policy

Counties and Census Tracts Eligible for FORHP Funding

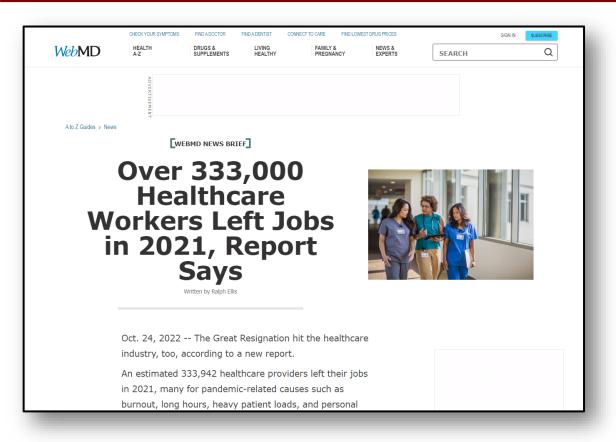






Rural Policy Issues

Health Care Workforce



Primary Care

MD, DO All Primary Care (MD, DO, NP, PA)

- Rural = 52.0/100,000 People
- Urban = 80.5/100,000 People
- Rural = 153.3/100,000 People
- Urban = 213.9/100,000 People

Behavioral Health

Note: Rural and urban defined as nonmetropolitan and metropolitan, respectively Source: HRSA Area Health Resource File, 2020-2021 (2019 data)

U.S. Counties without Behavioral Health Providers by Urban Influence Category

	Counties without a Psychiatrist (Percent)	Counties without a Psychologist (Percent)	Counties without a Psychiatric Nurse Practitioner (Percent)	Counties without a Social Worker (Percent)	Counties without a Counselor (Percent)	Counties without any Behavioral Health Provider (Percent)
U.S.	1699	1076	1711	487	404	241
(3135 counties)	(54.2)	(34.3)	(54.6)	(15.5)	(12.9)	(7.7)
Metropolitan	316	183	360	62	50	25
(1164 counties)	(27.1)	(15.7)	(30.9)	(5.3)	(4.3)	(2.1)
Non-Metro	1383	893	1351	425	354	216
(1971 counties)	(70.2)	(45.3)	(68.5)	(21.6)	(18.0)	(11.0)
Adjacent to metro	653	377	651	145	112	60
(1023 counties)	(63.8)	(36.9)	(63.6)	(14.2)	(10.9)	(5.9)
Micro nonadjacent to	137	74	123	38	30	21
metro (269 counties)	(50.9)	(27.5)	(45.7)	(14.1)	(11.2)	(7.8)
Noncore adjacent to	337	254	319	135	114	70
metro (373 counties)	(90.3)	(68.1)	(85.5)	(36.2)	(30.6)	(18.8)
Noncore nonadjacent to metro or micro (306 counties)	256 (83.7)	188 (61.4)	258 (84.3)	107 (35.0)	98 (32.0)	65 (21.2)

Data Sources: Psychiatrists (2019) - Area Health Resource File (AHRF), 2020-2021, Psychologists and psychiatric nurse practitioners (July 2021), social workers, and counselors (January 2022) - National Plan and Provider Enumeration System (NPPES) National Provider Identifier (NPI) data, and the U.S. Department of Agriculture Economic Research Service (ERS) Urban Influence Codes, 2013.





Access to Obstetric Care



October 2022

MATERNAL

Availability of Hospital-Base Obstetric Carrier Rural Areas

GAO-23-105515

INFOGRAPHIC
July 2020

Loss of Hospital-based Obstetr
Counties in the United States, 2

Katy B Kozhimannii, PhD, MPA
Julia D Interrante, MPH
Mariana S Tuttle, MPH
Key Findings

• Access to maternity care in nural US counties continues to decline.

• The percent of micropolitan and noncore counties with obstetric services dropped significantly from 2004/2018.

Data came from

Percent of Rural Counties with Hospital-based Obstetric Care, 20

· Rural noncore counties continue to be less

likely to have hospital-based obstetric services than rural micropolitan counties, and this POLICY BRIEF September 2020



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Background

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Obstetric Emergencies in Rural Hosp Challenges and Opportunities

Mariana Story Tuttle, MPH
Mary Gilbertson, BA
Julia D. Interrante, MPH

Katy Kozhimannil, PhD, MPA

Key Findings

- Respondents (n=61) identified many unique concerns regarding the provision of emergency obstetric care at their hospitals. The most common include the following: lack of specialty care providers (n=22), lack of skills to address emergency birth (n=19), and insufficient medical equipment/supplies (n=16).
- Additionally, 23 respondents stated that their hospital could better avoid or address close calls or adverse birth outcomes with increased training (n=8), improved or increased specialty obstetric-related skills (n=8), and acquiring necessary medical equipment/supplies (n=2)
- There is a need for improved coordination between rural hospitals that do not provide obstetric care and regional hospitals that have obstetric care capacity, which could be accomplished through regional

decline in obstetric sesteady or increased ovhalf of rural coutric care. From ties lost hospitalcommunities are al decades, a maje ics services were lo it to urban areas; er proportion of n ! likely to lose of

POLICY BRIEF November 2019



Severe Maternal Morbidity and Hospital Transfer Among Rural Residents

Katy Kozhimannil, PhD, MPA

Julia D. Interrante, MPH

Alexandria Kristensen-Cabrera

Carrie Henning-Smith, PhD, MPH, MSW

Regan Theiler, MD, PhD

Key Findings

- Overall, 3.0% of rural residents and 1.6% of urban residents were transferred from one hospital to another during childbirth, among rural residents, 2.0% transferred before childbirth, 0.9% transferred after childbirth, and 0.1% transferred both before and after childbirth.
- Nearly 3/4 (74.2%) of rural residents who were transferred after childbirth gave birth at rural hospitals; this represents approximately 750 rural residents annually (weighted N = 3,700 annually).
- Hospital transfer is rare; almost all rural residents with severe maternal morbidity and mortality (SMMM) (91.8%) were not transferred at all.
- More than 3/4 (84.1%) of rural residents with SMMM who are transferred after childbirth delivered their infants at rural hospitals; this represents 30 rural residents annually (weighted N = 145 annually).
- More than 2/3 (68.7%) of rural residents with SMMM who are not transferred delivered their infants at rural hospitals; this represents approximately 1,000 rural residents annually (weighted N = 5,000 annually).

rhrc.umn.edu

Purpose

The focus of this analysis is on rural residents who give birth. In this brief, we compare hospital transfer rates for rural and urban residents who give birth and we provide descriptive information about the relationship between transfer status and severe maternal morbidity and mortality (SMMM) for rural residents in a national sample of bospital discharge data on births that occurred 2008-2014.

Background and Policy Context

Rural residents often travel farther to access medical care, especially obstetric care, and are more likely be uninsured or underinsured than urban residents. Infant mortality and maternal morbidity and mortality are higher in rural versus urban settings. 2.5 Also, access to obstetric care is declining in rural areas. From 2004 to 2014, 179 rural US counties lost hospital-based obstetric services. Loss of these services in rural counties not adjacent to urban areas was associated with increases in out-of-hospital births, births in hospitals without obstetric units, and preterm birth rates. Hospital obstetric units that closed tended to be smaller in size and privately owned. Communities that lost hospital-based obstetric care had more low-income and Black residents as well as fewer obstetricians and family physicians. Rural hospitals also reported closing obstetric units due to low volume of deliveries and financial challenges.5

to low votume or detervers and manacat chailenges. In general, rural hospitals face greater workforce challenges. Lower birth volume hospitals (c240 births) year) are more likely to utilize a shared nume staffing model (vs. dedicated numes in the labor and delivery unit)⁶ and to have family medicine physicians and general surgeons attending deliveries, rather than obstetricians and midwiwes. Challenges related to recruitment and retention tog the concerns listed by rural obstetric units administrators.

These factors make local childbirth less accessible for rural residents, yet there are challenges related to travel-

RESEARCH ARTICLE

RURAL HEALTH

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HEALTH AFFAIRS > VOL. 38, NO. 12: RURAL HEALTH

Rural-Urban Differences In Severe Maternal Morbidity And Mortality In The US, 2007–15

Katy Backes Kozhimannil, Julia D. Interrante, Carrie Henning-Smith, and Lindsay K. Admon



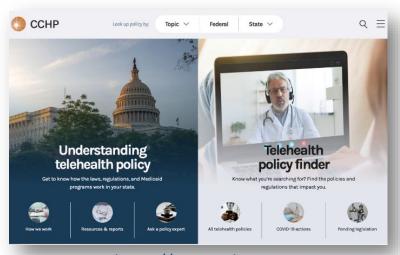
been associated with increased rates of

September 2020, Vol. 110, No. 9 AJPH



Telehealth's Growth and Future ...

- Pandemic-driven acceleration aided by reduction or regulatory barriers
 - Elevation of the Office for the Advancement of Telehealth within HRSA
- Looking Beyond the Public Health Emergency
- Challenges and Opportunities with Broadband



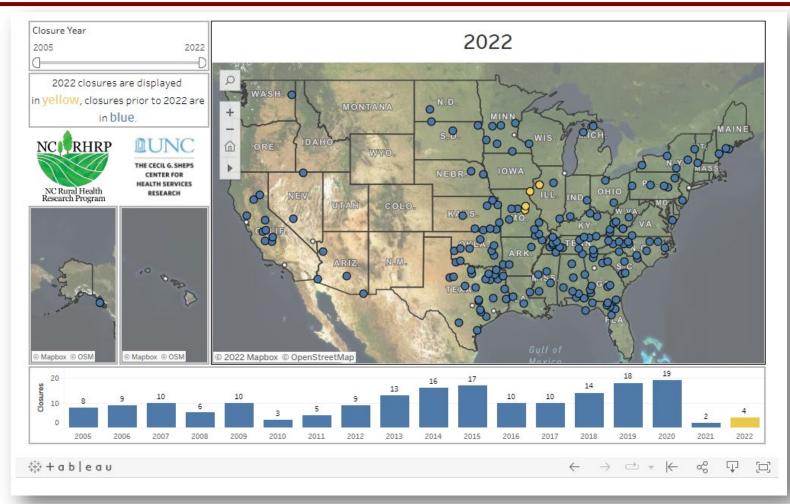






Rural Hospital Closures

- Hospital closures peaked in 2020 and dropped substantially in 2021
- Drop in closures coincides with release of federal COVID-19 funds
- Risk into the future as long-term pressures remain

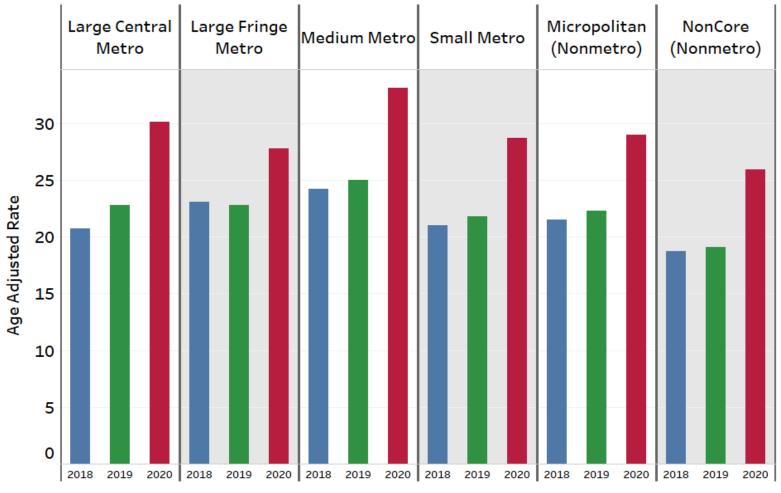




https://www.shepscenter.unc.edu/programs-projects/rural-health/rural-hospital-closures/



A Spike In Rural Overdose Deaths





Centers for Disease Control and Prevention, National Center for Health Statistics. Underlying Cause of Death 1999-2020 on CDC WONDER Online Database, released in 2021. Data are from the Multiple Cause of Death Files, 1999-2020, as compiled from data provided by the 57 vital statistics jurisdictions through the Vital Statistics Cooperative Program. Accessed at http://wonder.cdc.gov/ucd-icd10.html on Mar 8, 2022 12:55:57 PM



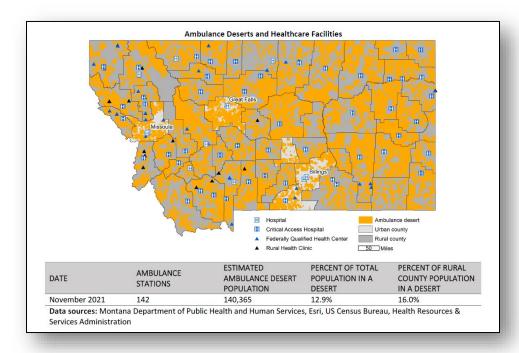
Bringing More Attention to Rural Emergency Medical Service Challenges

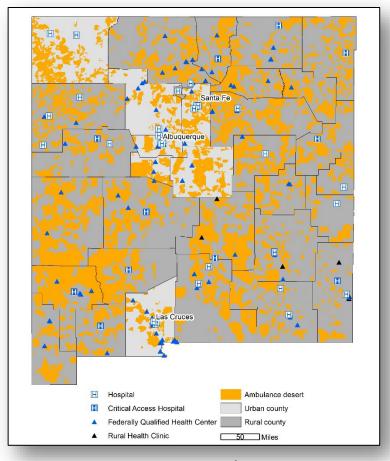
 Upcoming Brief from the National Advisory Committee on Rural Health and Human Services

Southern Maine Study on Rural Ambulance

Deserts

Flex Work





New Mexico





Addressing rural workforce needs by tapping into other HRSA programs



National Health Service Corps, Nurse Corps, Substance Use Disorder & Treatment Program

> 6,000 serve in rural communities



Pre-doctoral Training in General, Pediatric, and Public Health Dentistry and Dental Hygiene



Teaching Health Center Planning Grants
Teaching Health Center Training Grants



Nurse Education, Practice, Quality and Retention; Advanced Nursing Education Workforce Program; Nurse Education, Practice, Quality and Retention and Nurse Practitioner Residencies:



Area Health Education Centers Program



Behavioral Health Workforce Development Programs



Primary Care Training Enhancement



New Investments and Data Resources for Nursing Workforce

Funding from HRSA and the Department of Labor

Focusing on expanding the nurse education workforce

and the supply of nurses

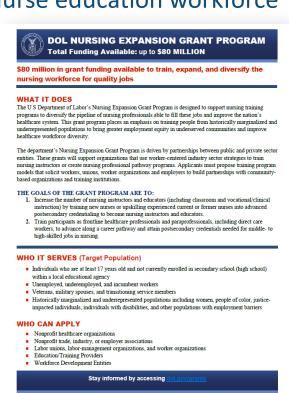


On Monday, October 24, HRSA Administrator Carole Johnson, U.S. Senators Chris Murphy and Richard Blumenthal, and U.S. Representative Jahana Hayes visited the <u>Wheeler Family, Health & Wellness Center in Connecticut</u> to highlight the expansion of HRSA's Pediatric Mental Health Care Access Program through the <u>Bipartisan Safer Communities Act</u> (PDF - 161 KB). The program helps pediatricians and family medicine providers get direct support from mental health experts by providing behavioral health consultation and other assistance needed to address children and adolescents' mental health needs. The roundtable featured state and local partners, pediatricians, and others sharing their experiences with the program and the way it helps them support communities and families address mental health needs.

HRSA Invests \$13 Million To Grow and Strengthen the Nursing Workforce

HRSA awarded \$13 million to bolster nursing education and training to grow the nursing workforce and improve access to nursing education. This funding will increase the number of nursing faculty as well as the number of clinicians who can supervise nursing students during their clinical rotations, which will help increase the capacity of programs to train more nurses. The awards are part of a <u>series of Biden-Harris Administration investments</u> to support pathways into quality nursing jobs.

https://bhw.hrsa.gov/funding/apply-grant#nursing





https://data.hrsa.gov/topics/healthworkforce/nursing-workforce-survey-data



https://www.dol.gov/sites/dolgov/files/general/grants/nursing-foa-outreach-flyer.pdf



Support for expanding residency training in rural and underserved areas

Promoting the Growth of Graduate Medical Education Programs







Sec. 126 Distribution of Additional Residency Positions

Sec. 127 Promoting Rural Hospital GME Funding Opportunity

Sec. 131 New Medical
Residency Training Programs
after hosting Resident Rotators
for Short Durations



Consolidated Appropriations Act, 2021 (H.R.133)

https://www.congress.gov/116/bills/hr133/BILLS-116hr133enr.pdf



Rural Residency Planning and Development Program

Creating Sustainable Rural Residencies

FY19-FY22 RRPD Grant Program

- HRSA awarded \$43.4M to 58 award recipients spanning across 32 states and 5 medicine disciplines.
- Support the development of new, accredited and sustainable rural residency programs in family medicine, internal medicine, psychiatry, general surgery, preventive medicine*, and obstetrics and gynecology.
- Created 30 new rural residency programs for 399 new resident positions in family medicine, psychiatry, internal medicine and general surgery.
- 22 Programs enrolled nearly 190 resident physicians training in rural clinical settings

FY19-22 RRPD Rural Counties



^{*} No preventive medicine programs have been funded since inclusion in the FY20 RRPD NOFO.



ROAMS

TX-RMOMS

Rural Maternity and Obstetrics Management Strategies (RMOMS) Program

2019 Cohort (blue/solid)

- Bootheel Perinatal Network (BPN) in Missouri
- New Mexico Rural Obstetrics Access and Maternal Services (ROAMS)
- Texas-RMOMS
 Comprehensive Maternal
 Care Network



BPN

Highlights from the 2019 Cohort's First Implementation Year

(September 1, 2020 to August 31, 2021)

 Provided prenatal, labor and delivery, or postpartum care to 3,100 rural RMOMS participants

https://roamsnm.org/

 Implemented telehealth, patient navigation, and direct service expansion initiatives to improve access to maternity care and support services

2021 Cohort (red/stripe)

- Families First: Rural Maternity Health Collaborative in Minnesota
- RMOMS-Southeast Missouri Partnership
- West Virginia RMOMS

"ROAMS has also afforded us the ability to do ultrasounds, which can be transmitted not only to the OB in Raton but to the high-risk fetal OB in Albuquerque, Santa Fe, Española, without travel on the patient's part."

- ROAMS Clinician

"The ROAMS program is an incredible grant that allows us to provide both telehealth medicine and rural outreach medicine to the obstetrical patients in our area."

- ROAMS Clinician





Broadband Funding

Infrastructure Act Created \$658 B in Funding

NTIA will administer \$48B of this new funding

BEAD

DIGITAL EQUITY

TRIBAL

MIDDLE MILE

\$42.45B

\$2.75B

\$2.00B

\$1.00B

Title I - Broadband Equity, Access & Deployment Program

Formula-based grant program for U.S. states and territories. BEAD aims to close the access gap for unserved & underserved areas of the country.

Title III - Digital Equity Act

Three programs, established for planning & implementation of programs that promote digital equity, support digital inclusion activities, and build capacity related to the adoption of broadband.

Title II - Tribal
Connectivity Technical
Amendments

Furthers current Tribal
Broadband
Connectivity Program
by investing an
additional \$2B to fund
broadband adoption
and infrastructure
projects.

Title IV - Enabling Middle Mile Broadband Infrastructure

Provides funding to extend middle mile capacity to reduce cost of serving unserved and underserved areas and enhance network resilience.

FCC to administer \$14B

\$14.2B

For Affordable Connectivity Program, which will replace the EBB program

USDA to administer \$2B

\$2.0B

Via the Rural Utilities Service

Private Activity Bonds \$600M

\$600M

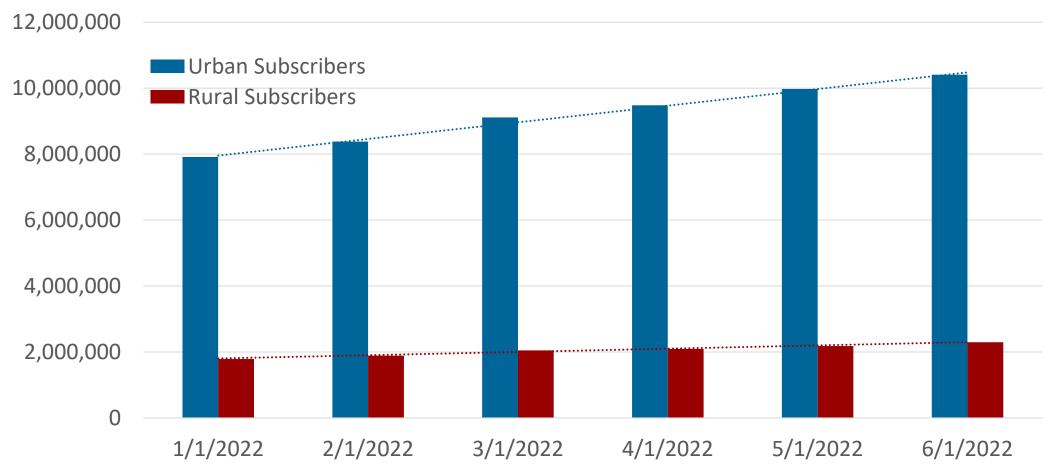
Authorizes State/local gov'ts to use private activity bonds

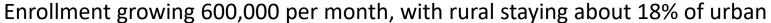
^{*} IIIJA, Div F, Pub. L. 117-58 (Nov. 15, 2021) Note: funding amounts inclusive of all administrative set-asides.





A Rural-Urban Divide in Sign Up for the Affordable Connectivity Program







Grants and Technical Assistance



Transition and Redesign

- HRSA
 - ✓ Rural Health Value, Rural Health Providers Transition Project
- CMS
 - ✓ CMS and the Rural Emergency Hospital Designation, State demonstrations, CHART, Shared Savings

Ongoing Support

- Flex, SHIP, RHC TA
- Research Policy Analysis, Flex Monitoring Team

Targeted Technical Assistance

- Focusing on "At-Risk" Facilities
 - ✓ Delta Region Community Health Systems Project
 - ✓ Vulnerable Rural Hospital Technical Assistance Program
 - ✓ USDA-National Rural Health Association Rural Hospital Program
- Rural Hospital Quality Improvement Technical Assistance



- https://ruralhealthvalue.publichealth.uiowa.edu/
- https://www.hrsa.gov/library/vulnera ble-rural-hospital-assistance
- https://www.ruralcenter.org/rhptp
- https://stratishealth.org/initiative/rur al-quality-improvement-technicalassistance-rqita/



Preparing for the New Rural Emergency Hospital Designation



Findings Brief NC Rural Health Research Program

uly 2021

How Many Hospitals Might Convert to a Rural Emergency Hospital (REH)?

George H. Pink, PhD; Kristie W. Thompson, MA; H. Ann Howard, BS; G. Mark Holmes, PhD

OVERVIEW

The Consolidated Appropriations Act of 2021 establishes a Rural Emergency Hospital (REH) designation under the Medicare program. It is difficult to predict rural hospital interest in conversion to REH because conditions of participation through rulemaking and guidance have yet to be established by the Centers for Medicare & Medicaid Services (CMS). However, some first estimates of the number and type of rural hospitals that might convert to REHs will assist policy makers as they prepare for implementation of the REH model. In this study, we used three measures to predict the number of rural hospitals with 50 beds or less that are likely to consider conversion to an REH: 1) three years negative total margin; 2) average daily census (ADC) (acute + swing) less than three; and 3) net patient revenue less than \$20 million.

KEY FINDING

- Using one set of predictors for conversion, 68 rural hospitals are predicted to consider conversion to REHs ("REH
 converters") in comparison to 1,605 hospitals not predicted to consider conversion ("non-converters").
- In comparison to non-converters, a higher percentage of REH converters are predicted to be governmentowned, Critical Access Hospitals (CAHs), and located in the North West Central Census division, and a lower percentage are predicted to be system-affiliated.
- Almost half of REH converters are located in four states: Kansas, Texas, Nebraska, and Oklahoma.
- In comparison to non-converters, REH converters are in counties with a higher median percentage of unemployed and a lower population density.
- The predicted number of REH converters (68) is based on what is currently known about the REH and is an
 estimate only: different selection criteria would result in a different set of potential REH converters.

BACKGROUNI

Currently, a facility can receive Medicare payment for emergency department (ED) and hospital outpatient services only if it is certified by Medicare as a hospital, and the provision of inpatient acute care is required for such certification. This limitation has presented challenges for rural communities where there may not be sufficient patient volume or resources to support the provision of inpatient services, but where access to emergency services and higher -level outpatient services is still necessary.¹

On December 21, 2020, Congress passed the Consolidated Appropriations Act (CAA) of 2021, which established Rural Emergency Hospitals (REHs). Effective January 1, 2023, hospitals that meet specified criteria will be eligible to convert to an REH. Although conditions of participation (CoPs) through rulemaking and sub-regulatory guidance have yet to be established by the Centers for Medicare & Medicaid Services (CMS), in accordance with the CAA, REHs will provide outpatient hospital and ED services without providing acute care inpatients services. REHs will be eligible for Medicare reimbursement for some services at rates higher than rates that would otherwise apply to services furnished in a hospital, and REHs will also receive a facility payment (see Table 1).

Because REHs are a new Medicare provider type, the number of rural hospitals that might consider converting to an REH is unknown. The purpose of this findings brief is to estimate, using one set of criteria, how many rural hospitals might convert to an REH. Developing a model to make this estimate involves several assumptions based on available data and comparisons to see which data points have been associated with the closure of a hospital. Ultimately, decisions about conversion to a new provider type may be driven by more than data or the immediate financial

- First New Medicare Hospital Designation Since 1997
- Next Steps
 - Helping communities assess the designation
 - Increasing awareness through State Offices of Rural Health
 - Helping states develop appropriate license standards

117TH CONGRESS 2d Session

HOUSE OF REPRESENTATIVES

REPORT 117–269

PROVIDING FOR CONSIDERATION OF SENATE AMENDMENT TO THE BILL (H.R. 2471) TO MEASURE THE PROGRESS OF POST-DISASTER RECOVERY AND EFFORTS TO ADDRESS CORRUPTION, GOVERNANCE, RULE OF LAW, AND MEDIA FREEDOMS IN HAITI; PROVIDING FOR CONSIDERATION OF THE JOINT RESOLUTION (H.J. RES. 75) MAKING FURTHER CONTINUING APPROPRIATIONS FOR THE FISCAL YEAR ENDING SEPTEMBER 30, 2022, AND FOR OTHER PURPOSES; PROVIDING FOR CONSIDERATION OF THE BILL (H.R. 6968) TO PROHIBIT THE IMPORTATION OF ENERGY PRODUCTS OF THE RUSSIAN FEDERATION, AND FOR OTHER PURPOSES; AND PROVIDING FOR CONSIDERATION OF THE BILL (H.R. 7007) MAKING EMERGENCY SUPPLEMENTAL APPROPRIATIONS FOR CORONAVIRUS RESPONSE AND RELIEF FOR THE FISCAL YEAR ENDING SEPTEMBER 30, 2022, AND FOR OTHER PURPOSES.

MARCH 9, 2022.—Referred to the House Calendar and ordered to be printed

Rural Emergency Hospital Technical Assistance Program.—The Committee includes \$10,000,000 within the total for Rural Hospital Flexibility Grants to establish the Rural Emergency Hospital Technical Assistance Program. This program will provide technical assistance from existing State Flexibility Programs and other stakeholders to assist facilities in the implementation of the new Rural Emergency Hospital model.



https://www.shepscenter.unc.edu/product/how-many-hospitals-might-convert-to-a-rural-emergency-hospital-reh/



CMS finalizes payment rules for 2023



CMS NEWS

FOR IMMEDIATE RELEASE

November 2, 2022

Contact: CMS Media Relations

(202) 690-6145 I CMS Media Inquiries

HHS Finalizes Physician Payment Rule Strengthening Access to Behavioral Health Services and Whole-Person Care

Rule includes expanded cancer screening coverage in support of President Biden's Cancer Moonshot and promotes innovation and coordinated care in Medicare

Today, the U.S. Department of Health and Human Services (HHS), through its Centers for Medicare & Medicaid Services (CMS), is expanding access to behavioral health care, cancer screening coverage, and dental care. The Calendar Year 2023 Physician Fee Schedule (PFS) final rule announced today also promotes innovation and coordinated care in the Medicare program through Accountable Care Organizations (ACOs). This rule directly supports President Biden's Cancer Moonshot Goal to cut the death rate from cancer by at least 50% and also supports the Administration's commitment of strengthening behavioral health, which the President outlined in his first State of the Union Address and the comprehensive strategy to tackle the nation's mental health crisis, which HHS leaders have furthered through the National Tour to Strengthen Mental Health.

"The Biden-Harris Administration is committed to expanding access to vital prevention and treatment services," said HHS Secretary Xavier Becerra. "Providing whole person support and services through Medicare will improve health and wellbeing for millions of Americans and even save lives."

"Access to services promoting behavioral health, wellness, and whole-person care is key to helping people achieve the best health possible," said CMS Administrator Chiquita Brooks-LaSure. "The Physician Fee Schedule final rule ensures that the people we serve will experience coordinated care and that they have access to prevention and treatment services for substance use, mental health services, crisis intervention, and pain care."

"Together, we are building a stronger Medicare program," said Deputy Administrator and Director for the Center for Medicare, Dr. Meena Seshamani. "No matter who you are, or what diagnoses you have, these changes will help ensure that Medicare treats the whole person—exing for physical health, behavioral health, and excial needs that





CMS NEWS

FOR IMMEDIATE RELEASE

November 2, 2022

Contact: CMS Media Relations

(202) 690-6145 I CMS Media Inquiries

HHS Continues Biden-Harris Administration Progress in Promoting Health Equity in Rural Care Access Through Outpatient Hospital and Surgical Center Payment System Final Rule

Critical Access Hospitals and Small Rural Hospitals Can Convert to Rural Emergency Hospitals, Allowing Them to Remain Open to Serve Their Communities

Today, the U.S. Department of Health and Human Services (HHS), through its Centers for Medicare & Medicaid Services (CMS), is improving access to health care — including behavioral health services — in rural communities. Reflecting the Biden-Harris Administration's commitments to advance health equity and to improve the nation's behavioral health services, CMS is releasing the calendar year (CY) 2023 Hospital Outpatient Prospective Payment System (OPPS) and Ambulatory Surgical Center (ASC) Payment System final rule with comment period. This final rule will allow Critical Access Hospitals (CAHs) and small rural hospitals to convert to a Rural Emergency Hospital (REH), which may be a more sustainable option for rural hospitals facing closure and supports access to care in rural and underserved communities. An REH is a new Medicare provider type that furnishes outpatient services, emergency services, and observation care. In this rule, Medicare will also pay hospital outpatient departments to provide remote behavioral health services to people at home, which will improve access to care in rural communities and promote health equity.

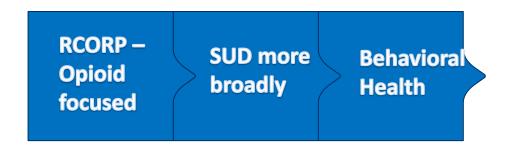
"The Biden-Harris Administration continues to take steps to ensure all Americans, regardless of where they live, have access to high-quality, affordable health care, and this is especially important in rural America, where many hospitals have closed over the past two decades," said HHS Secretary Xavier Becerra. "By helping rural hospitals stay open, we are helping residents of rural areas get the care they need close to home. Having access to care nearby is not only more convenient, but also leads to better health outcomes — and boosts local economies."

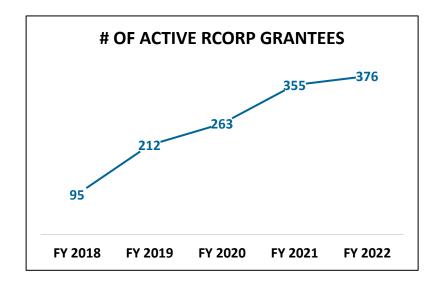




Rural Community Opioids Response Program

- The <u>Rural Communities Opioid Response Program</u> began as an opioid-specific initiative in FY 2018 with an \$100 million, multi-year appropriation.
- RCORP received annual appropriations every subsequent fiscal year and expanded the scope of RCORP to encompass other substances (e.g., methamphetamine) and broader behavioral health care needs in response to data and stakeholder feedback
- RCORP provides direct grants and technical assistance to rural communities to address behavioral health, including SUD needs
- Since 2018, RCORP grantees have served 47 states and 2 territories, reaching approx. 1,800 rural counties.
- RCORP grant recipients active in FY 2020 provided direct services to more than 2 million rural patients.

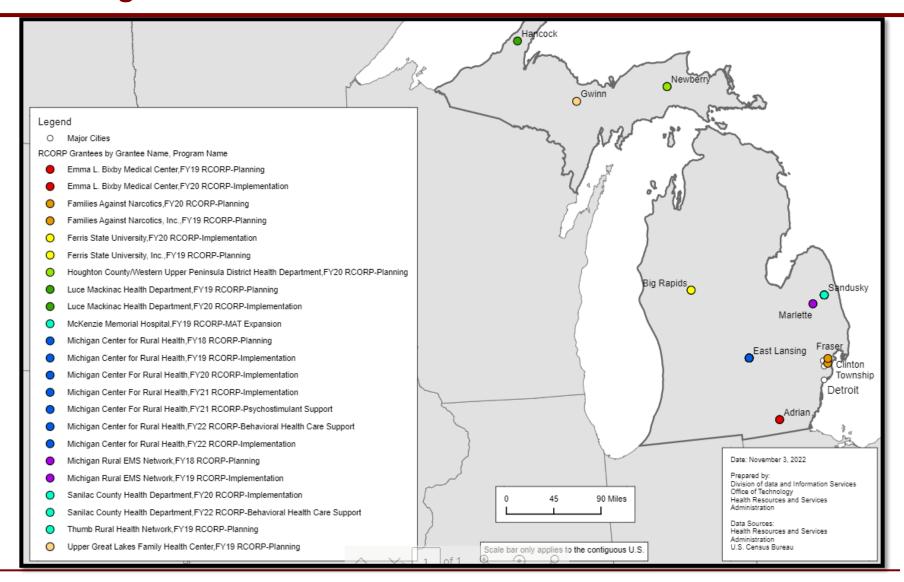






Rural Communities Opioid Response Program

Grantees in Michigan

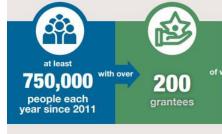






Opportunities for Rural Hospitals to Focus on Community Health Funding helps test new ideas

The Federal Office of Rural Health Policy (FORHP) has supported:



The goal of rural community programs is to improve health service delivery by strengthening health networks and encourage collaboration among rural health care providers.





80%

https://www.ruralhealthinfo.org/project-examples



Direct Services

- Rural Health Care Services Outreach
- Small Health Care Provider Quality Improvement
- **Pilot Programs**



Capacity-Building

- Rural Health Network Development
- Rural Health Network Development Planning
- **Pilot Programs**



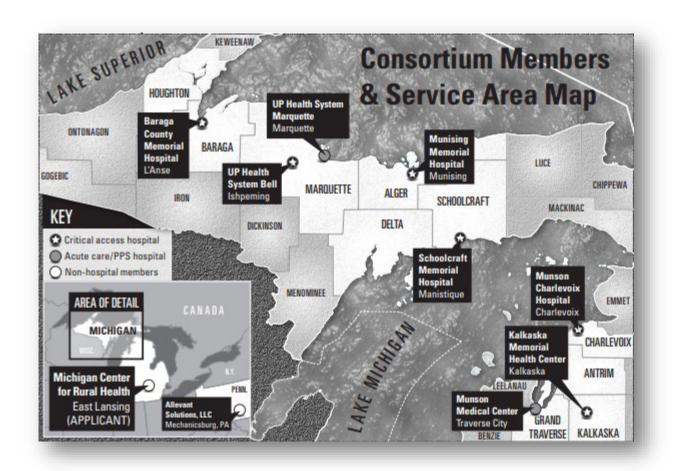


An Example from Michigan

Upper Peninsula and Northern Michigan Project focused on post-acute transitional care



https://www.ruralhealthinfo.org/resources/lists/forhp-grantee-directories







Leveraging the Appropriate Programs

FORHP Grants Target Specific Areas of Concern



Building Capacity

These programs focus on developing a collaborative plan to address community need by bringing together partners and/or engaging in community planning.

- Rural Health Network
 Development Planning Program
- Rural Public Health Workforce Training Network Program
- Rural Community Opioids Response Program



Expanding Services

These programs expand access to and improve the quality of health care in rural communities.

- Rural Health Outreach Services Program
- Rural Communities Opioid
 Response Program Medication
 Assisted Treatment Expansion
- Rural Communities Opioid Response Program Implementation



Supporting Hospitals

These programs can be used to align with broader value-based efforts

- Rural Healthcare Provider Transition Project
- Small Rural Hospital improvement Program
- Medicare Rural Hospital Flexibility (Flex) Program
- Rural Health Outreach Services and Network Development
- Rural Network Planning



Providing Direct Services

These programs directly improve upon the delivery of health care services and improve population health.

- Rural Health Care Services
 Outreach
- Small Health Care Provider Quality Improvement
- Delta States Rural Development Network
- Rural Maternity and Obstetrics Management Strategies Program
- Rural Community Opioids Response Program





Community-Based Division

Outreach Funding Opportunity Forecast (Pending Appropriations)

	FY 2023	FY 2024	FY 2025	FY 2026
Rural Health Care Services Outreach*			NOFO Available TBD Project Period Start 5/1/2025	
Rural Health Network Development*	NOFO Available Now Project Period Start 7/1/2023			
Rural Health Network Development Planning	NOFO Available Fall 2022 Project Period Start 7/1/2023	NOFO Available TBD Project Period Start 7/1/2024	NOFO Available TBD Project Period Start 7/1/2025	NOFO Available TBD Project Period Start 7/1/2026
Small Health Care Provider Quality Improvement*				NOFO Available TBD Project Period Start 8/1/2026
Rural Maternity and Obstetrics Management Strategies	NOFO Available Winter 2023 Project Period Start 9/1/2023	(Additional Competitions Possible Depending on Budget Allocation Level and Completion of Prior Grants)		
Rural Residency Planning and Development Grants	NOFO Available: Late Fall 2022 Project Start Date: 8/1/2023	NOFO Available: Late Fall 2023 Project Start Date: 8/1/2024	NOFO Available: Late Fall 2024 Project Start Date: 8/1/2025	NOFO Available: Late Fall 2025 Project Start Date: 8/1/2026





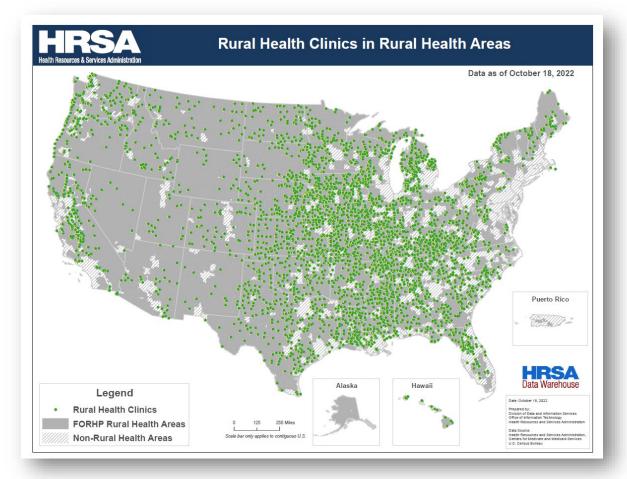
Rural Strategic Initiatives Division

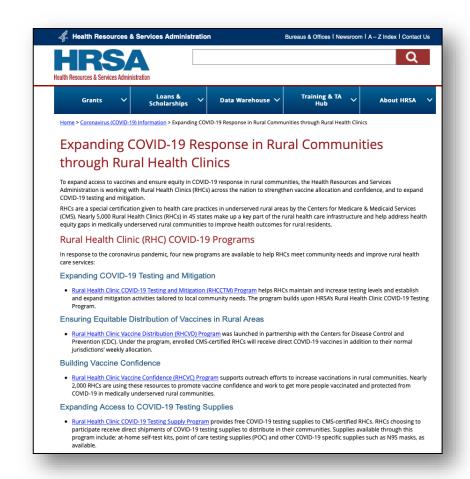
Funding Opportunity Forecast (Pending Appropriations)

	FY 2023	FY 2024
Rural Communities Opioid Response Program (RCORP)-Rural Tribal Support	NOFO Available: Fall 2022 Project Start Date: 9/1/2023	
RCORP-Child and Adolescent Behavioral Health	NOFO Available: Winter 2022 Project Start Date: 9/1/2023	
RCORP-Neonatal Abstinence Syndrome	NOFO Available: Winter 2022 Project Start Date: 9/1/2023	
RCORP-Overdose Response	NOFO Available: Fall 2022 Project Start Date: 9/1/2023	NOFO Available: Fall 2023 Project Start Date: 9/1/2024
RCORP-Evaluation	NOFO Available: Fall 2022 Project Start Date: 9/1/2023	
RCORP-Rural Centers of Excellence on Substance Use Disorder	NOFO Available: Fall 2022 Project Start Date: 9/1/2023	
Rural Health Clinic Behavioral Health Program	NOFO Available: Winter 2022 Project Start Date: 9/1/2023	
RCORP-Psychostimulant Support		NOFO Available: Fall/Winter 2023 Project Start Date: 9/1/2024
RCORP-Pilot (TBD)		NOFO Available: Fall/Winter 2023 Project Start Date: 9/1/2024



RHC Support for Vaccine Distribution and Testing







https://www.hrsa.gov/coronavirus/rural-health-clinics

https://www.narhc.org/narhc/COVID-19 At-Home Tests.asp#rhcspot



2023 Budget Proposals for Expanding Behavioral Health



FY2023 President's Budget

- Rural Health Clinic Behavioral Health Initiative (\$10 million)
- "... to allow clinics in rural areas where there are no existing behavioral health providers to ...expand the availability of services such as mental health screenings, counseling and therapy."
- Modernize Medicare Mental Health Benefits
- "Allow payment to Rural Health Clinics and Federally Qualified Health Centers for Licensed Professional Counselors and Family Therapists providing mental health services."

Aligning with the Statute, Regulations, and Guidance

- Aligning behavioral health with the RHC statute and regulations
- Addressing definitions for treating mental health and providing specialty services
- Leveraging flexibilities for telehealth that also RHCs to serve as distant sites (i.e., providers of service) for mental and behavioral health





Additional Technical Assistance Materials for Rural Communities in Subsequent Slides

Connect with HRSA

Learn more about our agency at:

www.HRSA.gov





Sign up for the HRSA eNews (F) (iii) (Iii)













Accessible and Through a Rural Lens



Questions about Policy Updates?

Write to <u>ruralpolicy@hrsa.gov</u>



https://www.hrsa.gov/advisory-committees/rural-health/index.html



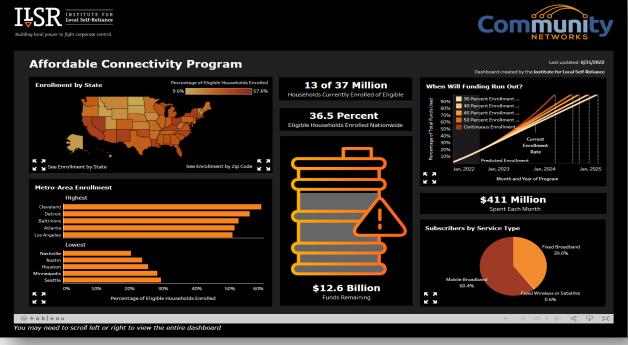
www.ruralhealthresearch.org





The Affordable Connectivity Program









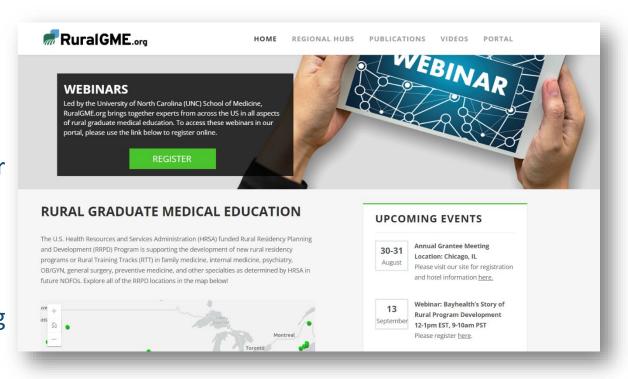
Rural Residency Planning & Development (RRPD) Program

Creating Sustainable Rural Residencies

RRPD Technical Assistance (RRPD-TA) Program

- Consortium led by the University of North Carolina (UNC) at Chapel Hill consists of experts in all aspects of rural residency development and structured into 3 regional hubs (central, eastern, and western).
- Awarded in FY18 to establish the RRPD-TA Center and again in FY21 to provide direct technical assistance and resources to RRPD awardees and applicants.
- Free resources and tools (e.g., webinars, presentations) are available on the RuralGME.org portal for key topics such as program accreditation, financing, faculty development, and resident recruitment and training.

Website: https://www.ruralgme.org/







Resources for CAHs

Rural Health Information Hub (RHIhub)

Topic Guides

■ MORE ON THIS TOPIC

Introduction

FAQs

Chart Gallery

Resources

Organizations

Funding & Opportunities

News

Events

Models and Innovations

About This Guide

Rural Health > Topics & States > Topics

Rural Healthcare Workforce

Maintaining the healthcare workforce is fundamental to providing access to quality healthcare in rural areas. Rural healthcare facilities must employ enough healthcare professionals to meet the needs of the community. They must have proper licensure, adequate education and training, and cultural competency skills. Equally important, optimizing how health professionals are used and enhancing coordination among them helps ensure that patients are getting the best care possible.

Strategies can include:

- · Using interprofessional teams to provide coordinated and efficient care for patients and to extend the reach of each
- · Ensuring that all professionals are fully utilizing their skill sets and working at the top of their license; that is, practicing to the full extent of their training and allowed scope of practice.
- · Removing state and federal barriers to professional practice, where appropriate
- · Changing policy to allow alternative provider types, once evidence shows they can provide quality care

Funding Opportunities

■ MORE ON THIS TOPIC Introduction Chart Gallery Resources

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Funding & Opportunities News

Events

Models and Innovations

About This Guide

Rural Health > Topics & States > Topics

Narrow by type

Rural Healthcare Workforce – Funding & **Opportunities**

For additional funding options, please see RHIhub's Online Library: Funding & Opportunities

Sort By: Date | Name

Hide Inactive Funding

Narrow by geography Narrow by topic

Indian Health Service Loan Repayment Program

Loan repayment for undergraduate and graduate health professional educational loans in return for full-time clinical service in Indian Health Service programs.

Geographic coverage: Nationwide Application Deadline: Aug 15, 2019

Sponsors: Indian Health Service, U.S. Department of Health and Human Services

NIDDK Education Program Grants (R25 Clinical Trial Not

Grants to support educational activities that complement and/or enhance the training of a workforce to meet the nation's biomedical, behavioral and clinical research needs. Institutions are encouraged to diversify their student and faculty populations to enhance the participation of individuals from groups identified as underrepresented in the biomedical, clinical, behavioral and social sciences.

Models and Innovations

MORE ON THIS TOPIC

Introduction Chart Gallery

Resources

Organizations

Funding & Opportunities

News Events

Models and Innovations

About This Guide

Rural Health > Topics & States > Topics

Rural Healthcare Workforce - Models and

Innovations

These stories feature model programs and successful rural projects that can serve as a source of ideas and provide lessons others have learned. Some of the projects or programs may no longer be active. Read about the criteria and evidence-base for programs included.

Sort By: Date | Name

Narrow by geography Narrow by topic

funded by the

Federal Office

of Rural Health

Policy, HRSA

Promising Examples

High Plains Community Health Center Care

Updated/reviewed February 2019

- . Need: Meeting health care demands in a region with a limited number of physicians, where recruiting additional providers is considered impractical.
- · Intervention: Using the additional support of health coaches, implementation of care teams consisting of 3 medical assistants to support each provider.
- · Results: More patients seen per provider hour, with improved patient outcomes and clinic cost savings.



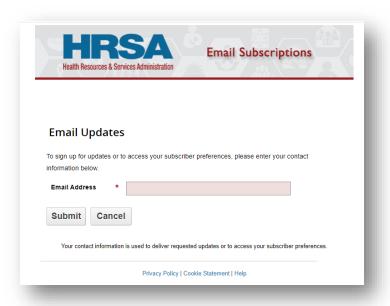
https://www.ruralhealthinfo.org/



Resources for CAHs

Leveraging HRSA Resources

- Sign up for regular updates:
 - Example: Health Workforce Funding Updates and HRSA e-News
 - √ https://public.govdelivery.com/accounts/USHHSHRSA/subscriber/new?topic_id=ENEWS







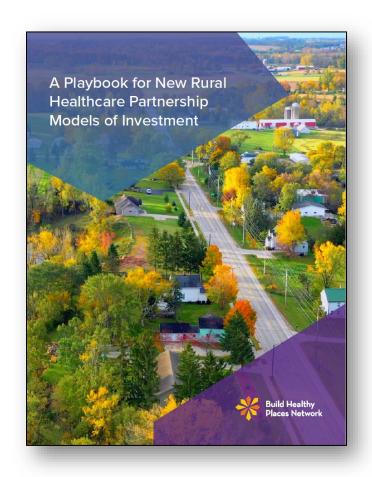


Resources for CAHs

New Rural Tool from the Building Healthy Places Network (BHPN)

Mission of BHPN: To transform the way organizations work together across the health, community development, and finance sectors to more effectively reduce poverty, advance racial equity, and improve health in neighborhoods across the United States.

Purpose: To uplift community-led solutions and accelerate cross-sector investments in persistently marginalized communities to create healthier, more equitable, and thriving places.

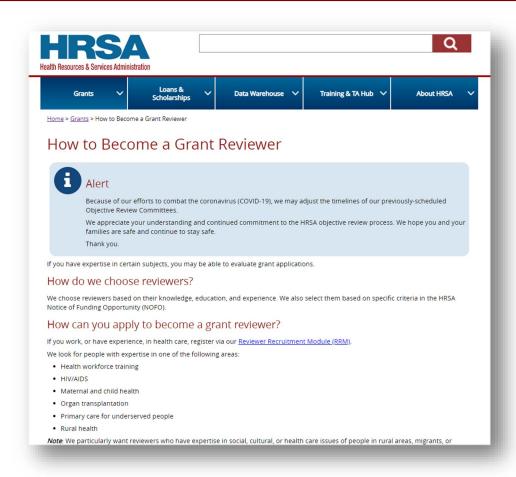






HRSA Needs Your Help!

Consider Being a HRSA Grant Reviewer





https://www.hrsa.gov/grants/reviewers



FORHP Weekly Announcements

Focus on ...

- ✓ Rural-focused Funding opportunities
- ✓ Policy and Regulatory Developments Affecting Rural Providers and Communities
- ✓ Rural Research findings
- ✓ Policy updates from a Rural Perspective

To sign up: Email Michelle Daniels at mdaniels@hrsa.gov



Announcements from the



Federal Office of Rural Health Policy

July 15, 2021

What's New

HHS Boosts Funding for COVID-19 Response in Rural Areas. On Tuesday, the U.S. Department of Health & Human Services (HHS) announced \$398 Million for COVID-19 testing and mitigation. The funds will be distributed by State Offices of Rural Health to 1,540 rural hospitals through the Small Rural Hospital Improvement Program.

One Month Left to Enroll in, or Change, Health Insurance Marketplace Coverage. Last week, HHS released a report on current trends and challenges to accessing affordable health care in rural America. Analysts found that, although uninsured rates have fallen in rural areas, other barriers to care such as geographic distances, infrastructure limitations, and provider shortages contribute to rural health disparities. The report comes one month before the special enrollment period for qualified individuals and families ends on August 15. As noted in the HHS brief, 65 percent of the 1.9 million rural uninsured individuals in HealthCare.gov states may be able to find a zero-premium plan on the platform.

NOSORH Accepting 2021 Community Star Nominations. The National Organization of State Offices of Rural Health (NOSORH) seeks nominations until August 2 of individuals, organizations, or consortia making a big difference in the health of rural communities.

COVID-19 Resources

<u>Rural Health Clinic Vaccine Distribution (RHCVD) Program</u>. Under the program, Medicarecertified RHCs will receive direct COVID-19 vaccines in addition to their normal jurisdictions' weekly allocation. Contact RHCVaxDistribution@hrsa.gov for more information.



