Behavioral Health

OSF St. Francis Hospital Escanaba, MI



St. Francis Hospital

- Mission-driven Catholic health system owned and operated by The Sisters of the Third Order of St. Francis (Peoria, IL)
- Began serving South Central U.P. since 1884
- CAH status in 2012

Stats 2022

ED arrivals: 16,599 (FY22)

416 positive suicide screens (CY22)

Inpatient Admissions (CY22)

1382 adults

140 peds

372 ICU status

OB Deliveries: 270 (CY22)



Navigating Behavioral Health Patients

(Medicaid/No Insurance vs. Medicare/BCBS)

Medicaid/No Insurance

Pathways/Northpointe - Contract to provide mental health services in our ED. Can approve authorization for hospitalization of their patients. Safety plan/Find placement

Medicare/BCBS

OSF employed Psychotherapist – Carmen Kleikamp

Pathways community mental health – locations in Munising Escanaba newberry and Marquette. Community mental health services that provides specialized services including crisis services, outpt services home & community services. Provide hospital services to stabilize a BH condition in the event of a significant change in symptoms or in a BH emergency.

Carmen Kleikamp, Psychotherapist

Hired in 2022 to provide mental health services for private insured patients

- Provides coverage in ED as needed for crisis intervention
- Clinic hours in the medical group for patients
- Available as needed throughout the day for crisis intervention in the ED
- No on-call services
- Reports to Manager, BH Ambulatory Services (Ministry headquarters)

OSF Behavioral Health Navigators

Team

• 8 BH navigators

BH Navigator responsibilities:

- Determine what kind of behavioral healthcare they need
- Find and get patient connected to available community resources
- Problem solve any barriers to obtaining services
- Understanding insurance coverage and benefit information prior to scheduling
- Provide follow up phone calls as needed

Referrals

- Most often made by patient's PCP and placed directly through EPIC. Any OSF provider can place a referral.
- Patients can call a number to speak directly to BH specialist who will verify insurance/coverage and schedule an appt with the navigator.
- No financial charges

"I meet with each patient by phone and complete a brief screening (typically takes 20-30 mins) to determine what supportive services would be most helpful. I then supply the patient with contact information for those support services and assist them as needed in obtaining those services. The most common services I assist people in obtaining are counseling, psychiatry, psychological testing/assessment, support groups, and online/virtual resources." BH Navigator Western Region

Delta/Schoolcraft Independent School District (DSISD)

- SFH contacted regarding grant money for BH services
- SFH hired psychotherapist, Ashley Pratt, MSW
- Outpatient Therapy Services:
 - 29 hrs/week ISD students Referred through school social workers or providers
 - 10 hrs week OSF patients
 - Billing services billed to ISD for students, insurance billing for adult pts.
- Project Aware Meetings
 - Held at ISD with all 31 mental health social workers
 - Navigate level of care/appropriateness of care for students (stay with school services, outpt, Pathways)

Ashley Pratt, MSW

POSITION SUMMARY:

This Psychotherapist is responsible for providing direct patient care. This includes, but is not limited to comprehensive intake assessments, treatment planning, promoting patient progress with goals, individual, couples, family, or group therapy. This person will effectively manage a patient caseload and demonstrate the knowledge and skills necessary to provide patient care that is appropriate to the age and diagnoses of the patients served.

REQUIRED QUALIFICATIONS:

Education:

Master's Degree in counseling or social work

- Masters Social Work
- 4000 hours post graduate work to be fully licensed
- Works under licensed social worker (meet once a week)
- Reports to Manager BH Ambulatory Services, OSF headquarters
- All ages, prefers teens and adults
- Currently at 42 patients total
- One-hour sessions, average of 5-8 pts a day
- 60 appts/month for ISD

SOON...

Telehealth - Psychiatry

- Amwell Psychiatric Care
- Medicare/BCBS patients
- Board-certified psychiatrists to help address urgent psychiatric crises in EDs and acute inpatient medical floors
- Neurologic vs psychiatric
- Medication assistance
- 9/19/23 go-live



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Questions / Contact

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