



# Diabetes Prevention & Control Program: Diabetes & Kidney Unit

Anjanette Laurin, RN/CDCES, Nurse Consultant



An aerial photograph of a river flowing through a dense forest with vibrant autumn foliage in shades of orange, yellow, and red. The river features a small waterfall with white water cascading over a rocky ledge. The scene is captured from a high angle, showing the river's path and the surrounding landscape.

## Today's topics

- Diabetes Landscape
- MDHHS: Diabetes Efforts
  - What we do
  - Kidney Month - March
  - Website support resources
- Next steps/opportunities to get involved!

# Diabetes Landscape in Michigan



# The BRFSS Diabetes in Michigan 2020-2022

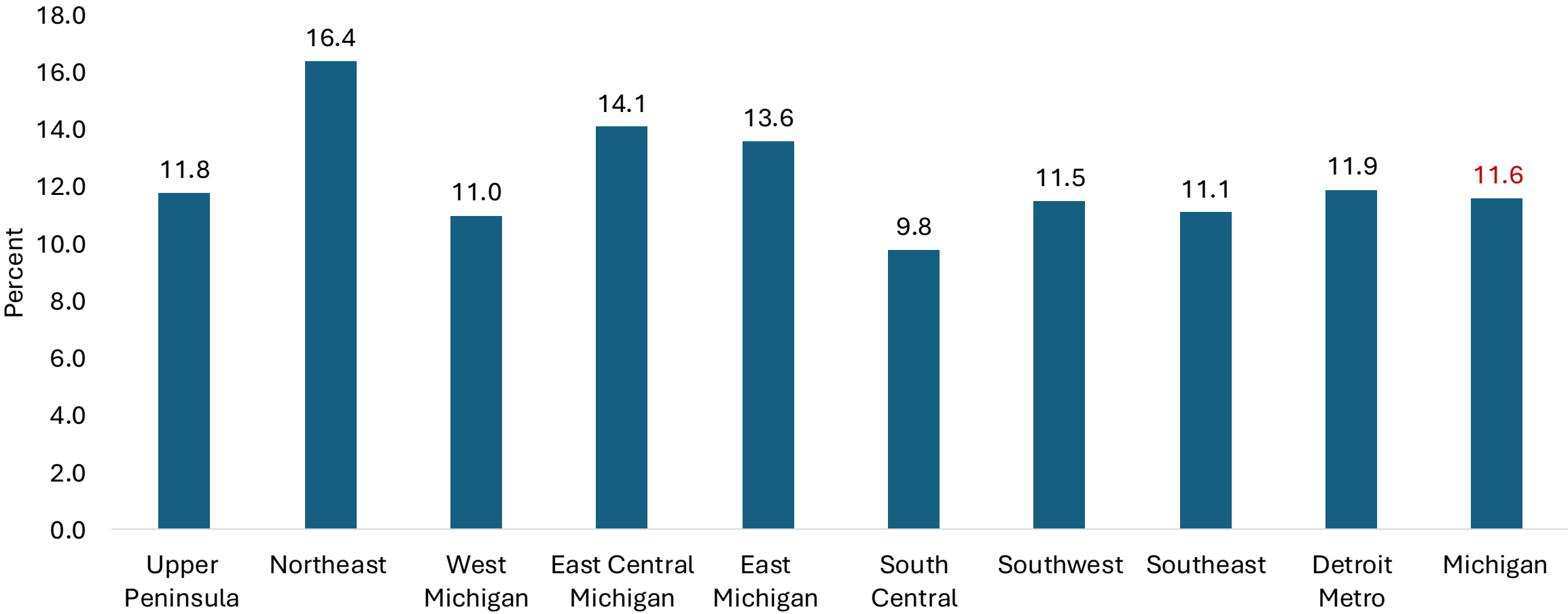
The nonaged-adjusted diabetes prevalence from 2020 to 2022 was **11.6%**.

Approximately **11.7%** of males reported having diabetes, while 11.5% of females reported the condition.

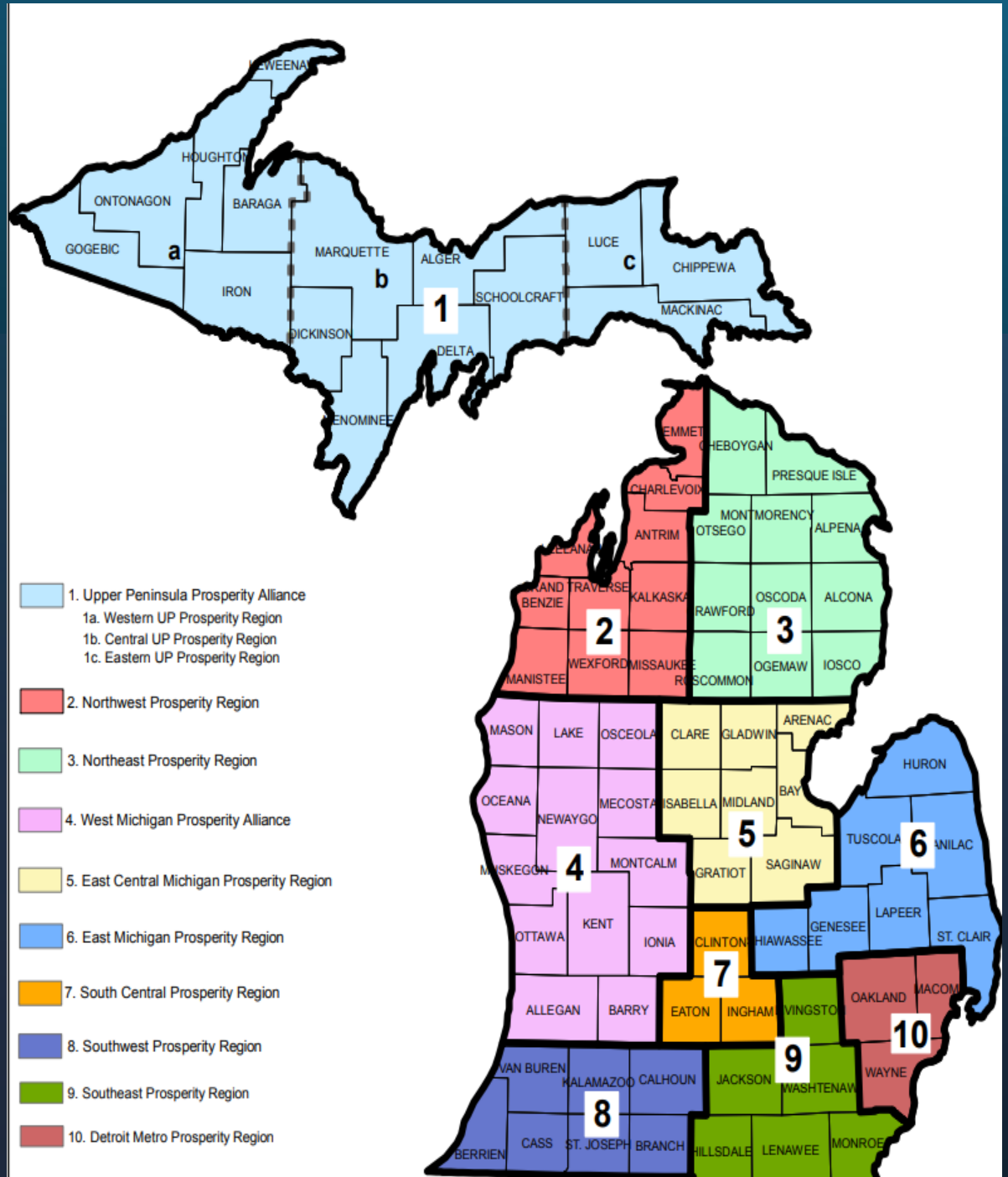
Diabetes prevalence was **higher among older adults(75+) (23.2%)** compared to younger populations.

Non-Hispanic Black (16.6%), Non-Hispanic White (11.1%) are at higher risk for diabetes, followed by Hispanic (8.6%), and other & multi non-Hispanic individuals (8.2%)

# 2020-2022 Diabetes Prevalence by Regions



Data Source: MiBRFSS, 2023



# Diabetes Prevention and Control Program at Michigan Department of Health and Human Services

Our mission is to:

- **Increase access to resources**
- **Address disparities in diabetes prevalence and outcomes**
- **Improve health outcomes and the quality of care**
- **Reduce diabetes related complications and deaths**

## March: Kidney Month



- In Michigan:
  - Over a million adults have chronic kidney disease
  - 1 in 3, or 33%, are at risk
- Raise awareness: kidney disease and the risks
- People with diabetes and/or hypertension:
  - promote screenings
- NKFM Communications toolkit
- MDHHS website:
  - visit the "What's New" page in March



# Diabetes Prevention and Control Program website

# What's Next?

## How to get involved



- Assess needs and opportunities
- Consider participation in MCRH events:
  - Diabetes ECHO
  - Diabetes improvement opportunities
- Diabetes Prevention:
  - Screen and diagnose
  - Refer to Diabetes Prevention Program (DPP)
- People with diabetes:
  - refer to DSMES (diabetes training)
- Visit MDHHS website for resources:
  - [www.michigan.gov/diabetes](http://www.michigan.gov/diabetes)
- MDHHS is committed to supporting rural communities!

# Thank You!

Anjanette Laurin, RN/CDCES  
Laurina3@michigan.gov

