



## The Facts:

Native Americans are two times more likely to develop kidney failure.

Chronic kidney disease can cause kidney failure.

People with kidney failure need dialysis or a kidney transplant in order to live.

CKD is a risk factor for severe COVID-19 and COVID-19 can also affect the health of your kidneys.

## Risk Factors for CKD Include:

Diabetes

High Blood Pressure

Frequent NSAID use

History of acute kidney injury

Family History

Age 60 or older

Ethnicity

## Talk to Your Doctor and Get Tested:

- Kidney disease often has no symptoms. To find out if you're at risk, take the quiz at [www.kidneymi.org/kidneyquiz](http://www.kidneymi.org/kidneyquiz).
- Make sure a doctor checks your blood sugar and blood pressure regularly.
- Your doctor can also perform two tests to find out how your kidneys are working.
- The National Kidney Foundation of Michigan offers programs for people at high risk of kidney disease.

