#### **Michigan Center for Rural Health I-REACH Rural Veterans** Improving Rural Enrollment, Access, and Health in Rural Veterans

# Veteran Resources

#### Talk to someone right now.



Text 838255 No matter your discharge status, service history, or eligibility for VA healthcare.



55% of Veterans are not accessing all their benefits

Previously denied? Reapply! Worsening condition? Reapply and get reevaluated.

The new PACT Act law expands VA healthcare and benefits for Veterans. The law helps provide generations of Veterans, and their survivors, with care and benefits they've earned and deserve. https://www.va.gov/resources/thepact-act-and-vour-va-benefits/

Take advantage of these new and expanded benefits!

### FEDERAL SUPPORT FOR VETERANS, CAREGIVERS and their FAMILIES

The Veterans Administration offers many programs designed to benefit Veterans, their families, and their Caregivers. https://www.va.gov/

- VA Telehealth Services. Telehealth innovation to ensure Veterans can access care when and where they need it. https://telehealth.va.gov/
- Substance Abuse and Mental Health Services Administration (SAMHSA) treatment locator: https://findtreatment.samhsa.gov/
- Make the Connection. Stories of Help and Hope. Find Stories Like MAKE THE Yours. https://www.maketheconnection.net/ CONNECTION
- VA Caregiver Support Program (CSP). Offers clinical services to eligible caregivers. https://www.caregiver.va.gov/
- Native American Veterans. High representation in the armed forces. https://www.benefits.va.gov/persona/veteran-tribal.asp
- Center for Women Veterans. https://www.va.gov/womenvet/
- VA Health and Benefits mobile app. LINK

#### MICHIGAN SUPPORT FOR VETERANS, CAREGIVERS and their FAMILIES

The Michigan Veterans Affairs Agency provides support and service to Veterans and their families. https://www.michigan.gov/mvaa

- County VA Offices and Veteran Service Officers (Find VSO's). Accredited claims services for Veterans and their families. LINK
- Michigan 2-1-1. Just dial 211 to find help of all kinds, right in your community. https://mi211.org/
- Join a Veterans Community Action Team. Service providers and community members serving Veterans and their families. LINK

MCRH Veterans page

#### Michigan Veterans Affairs Agency

ORH SCAN WITH CAMERA APP 1 LEARN MORE

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#### MORE RESOURCES FOR VETERANS, CAREGIVERS and their FAMILIES

There are many organizations and individuals that provide service, support and programs to Veterans, their families, and their caregivers.

- Walking with Warriors. Find a MDHHS Veteran Navigator. https://www.michigan.gov/mvaa/health-and-welfare/warriors
- Military OneSource. 24/7 connection to information and support to help you reach your goals, overcome challenges and thrive. <u>https://www.militaryonesource.mil/</u>
- Michigan Substance Use, Prevention, Education and Recovery (MiSUPER). Awareness, Education, Training, Events and Support. https://www.canr.msu.edu/misuper/index
- **MSU Extension Veterans Programs.** Providing Veterans and their families with programs and services that support their personal and financial wellness. https://www.canr.msu.edu/veterans
- **Man Therapy.** An interactive mental health campaign targeting working age men that employs humor to address mental health. <u>https://mantherapy.org/</u>
- WINC: For All Women Veterans. WINC is for ALL female Veterans and female active duty members. Promoting the physical, mental, spiritual, and emotional health of the female Veteran. https://wincforall.com/
- Caregiver Incentive Project. Supporting in-home caregivers and those in need of care. <u>https://caregiverincentiveproject.org/</u>
- **PsychArmor**. Numerous educational products for healthcare providers, Veterans, employers, military family members, and more. <u>https://psycharmor.org/</u>
- Wounded Warrior Project. Serving Post 9/11 warriors, their families, and caregivers. <u>https://www.woundedwarriorproject.org/</u>





U.S. Department of Veterans Affairs



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