

VA ([US Dept of Veterans Affairs](#))

- [Community Care Overview](#)
- [Provider Overview](#)
- [Community Provider Toolkit](#)
- [VA Health and Benefits mobile app](#)
- [VA Telehealth Services](#)
- [VA Caregiver Support Program](#)
- [Native American Veterans](#)
- [Center for Women Veterans](#)

Iron Mountain VA Medical Center Main number: 800-215-8262 Mental health: 906-774-3300, ext. 32541	
Escanaba Vet Center 3500 Ludington Street, Suite # 110 906-233-0244	
Escanaba Vet Center 3500 Ludington Street, Suite # 110 906-233-0244	Manistique VA Clinic 813 East Lakeshore Drive 800-215-8262
Gladstone VA Clinic 2001 Minneapolis Avenue 800-215-8262	Marquette VA Clinic 1414 West Fair Avenue 906-226-4618
Hancock VA Clinic 787 Market Street 906-482-7762	Menominee VA Clinic 1110 10th Avenue 906-863-1286
Ironwood VA Clinic 629 West Cloverland Drive 906-932-0032	Sault Saint Marie VA Clinic 509 Osborn Boulevard 906-253-9383

MVAA ([Michigan Veterans Affairs Agency](#))

- [County VA Offices and Veteran Service Officers \(VSO's\)](#)
- [Michigan Veteran Connector](#)
- [Veterans Community Action Teams](#)
- [Walking with Warriors](#)

Mental Health & Substance Use

- [Substance Abuse and Mental Health Services Administration \(SAMHSA\)](#) (Veterans, and their Families Center)
- [Together With Veterans \(TWV\)](#)
- [Wounded Warrior Project](#)
- [Make the Connection](#)
- [Man Therapy](#)

More Resources

- [Warriors & Caregivers United](#)
- [Caregiver Incentive Project](#)
- [WINC: For All Women Veterans](#)
- [Military OneSource](#)
- [MSU Extension](#) (Veterans page)
- [PsychArmor](#)
- [Department of Defense](#)
- [906 Warrior Relief Fund](#)
- [Community Action](#) (Housing & Utilities)
- [SAIL Disability Network of the U.P.](#) (Veterans page)

[U.P. Commission for Area Progress](#) & [Michigan 2-1-1](#)

Mental Health & Substance Use

- [Copper Country Community Mental Health](#)
(Baraga, Houghton, Keweenaw, Ontonagon)
- [Gogebic Community Mental Health](#)
- [Northpointe Behavioral Healthcare System](#)
(Dickinson, Iron, Menominee)
- [Pathways Community Mental Health](#)
(Alger, Delta, Luce, Marquette)
- [Hiawatha Behavioral Health](#)
(Chippewa, Mackinac, Schoolcraft)

NorthCare Network:

- [UP Crisis/Emergency Numbers & Mental Health Services](#)
- [UP Substance Use Disorder Services](#)

Great Lakes Recovery Centers

- [Lutheran Social Services](#)
- [Catholic Services of the U.P.](#)
- [AA Meetings in Michigan](#)
- [Al-Anon](#)
- [Michigan Substance Use, Prevention, Education and Recovery \(MiSUPER\)](#)

Tribal Health Centers

- [Sault Tribe Health Division](#) Gladstone, Hessel, Manistique, Marquette, Munising, Newberry, Sault Sainte Marie, St. Ignace, Recovery Housing Kincheloe, (De Tour coming soon)
- [Bay Mills Health Center](#) Brimley
- [Hannahville Health Center](#) Wilson
- [Lac Vieux Desert Health Center](#) Watersmeet
- [KBIC Health System](#) Baraga

Health Departments

- [Western UP Health Department](#)
(Houghton, Baraga, Gogebic, Ontonagon)
- [Dickinson-Iron District Health Department](#)
- [Marquette County Health Department](#)
- [Public Health, Delta & Menominee Counties](#)
- [LMAS District Health Department](#)
(Luce, Mackinac, Alger, Schoolcraft)
- [Chippewa County Health Department](#)

Phone Numbers:

Veterans Crisis Line dial 988, PRESS 1, or Text 838255
 MVAA: 800-MICH-VET (800-642-4838) the Michigan Veteran Resource Service Center
 Dial 211 for U.P. community resources



Michigan Center for Rural Health Veterans page

UPPER PENINSULA Resources Cont.

[Michigan Hospitals](#)

[Aspirus](#) Iron River Hospital & Crystal Falls Clinic, Ironwood Hospital, Keweenaw Hospital in Larium & Houghton and Lake Linden Clinics, Ontonagon Hospital

[UP Health System](#)

Bell in Ishpeming, Marquette, Portage in Hancock & Express Care in Calumet and Houghton, Doctors Park Escanaba, Sault Ste. Marie, Lakewood Family Medicine in Harvey, Negaunee Family Medicine, Trenary Family Medicine, Peninsula Medical Center in Marquette

[Marshfield Medical Center – Dickinson](#) Hospital in Iron Mountain & Cedar Hill Medical Center in Bark River, Dickinson Family Practice & Geriatric Clinic in Norway, Florence Medical Center in Florence, WI

[Helen Newberry Joy Hospital](#) Manistique Lakes Family Clinic in Curtis & West Mackinac Health Clinic in Engadine

[Mackinac Straits Health System](#) St. Ignace, Mackinac Island & Bois Blanc Island Medical Center

[Munising Memorial Hospital](#) & Sandee Sibbald Medical Center in Grand Marais

[Bellin Health Systems](#) Escanaba, Iron Mountain, Menominee

[MyMichigan Medical Center Sault](#) (formerly War Memorial) Kincheloe Clinic (currently Behavioral Health & Pain Mgmt) & Drummond Island Medical Center

[O.S.F. St. Francis Hospital and Medical Group](#)

[Baraga County Memorial Hospital](#)

[Schoolcraft Memorial Hospital](#) Naubinway Clinic

[Alcona Health Services Pickford Medical Clinic](#)

[Drummond Island Family Health, P.C.](#)

[Northern Menominee Health Center](#) Menominee (also in Florence, WI)

[Aurora BayCare Medical Center Menominee](#)

[Upper Great Lakes Family Health Centers](#)

Calumet, Gwinn, Hancock, Houghton, Iron River, Lake Linden, Marquette, Menominee, Ontonagon, Sawyer

[Community Health Access Coalition \(CHAC\) Eastern UP](#) (Chippewa, Mackinac, Luce)