

# NMORC April Newsletter 4/21/2023

Updates and reminders regarding NMORC efforts to support and promote Substance and Opioid Use Disorder events, resources and information. Links provided will connect you to associated pages with more information, such as registration pages, full FOAs, or complete documents.

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#### General Announcements



# Northern Michigan Opioid Response Consortium Receives Hometown Health Hero Award!

Each year the Michigan Public Health Week Partnership, made up of Public Health organizations throughout the state in conjunction with the Michigan Department of Health and Human Services (MDHHS) solicits nominations for community health advocates, whether an individual or an organization, who work to preserve, improve, and champion community health efforts. Those selected from the nominations are then celebrated during Public Health Week with the "Hometown Health Hero" award. In 2023, there were seven honored with this designation and the Northern Michigan Opioid Consortium (NMORC) was a recipient!

The nomination was placed by Denise Bryan, Public Health Officer for District Health Departments 2 and 4. NMORC was recognized with a Special Tribute Citation that states, "It is with deep appreciation for the life-saving work performed by the Northern Michigan Opioid Response Consortium (NMORC) that we join in celebrating its accomplishments by commemorating NMORC's receipt of the Michigan Hometown Health Hero Award. NMORC's expansion across northern Michigan has given it incredible reach which continues to bolster significant results." Our partners and stakeholders across the region all share in this great honor! Congratulations!!

#### NMRE Day of Recovery

Space is still available to register for the NMRE's first Day of Recovery for Substance Use Disorder Services. This event is free of charge for individuals who are in treatment services or in recovery. The event will take place May 8, 2023 from 9:30am – 3:30pm at Treetops Resort Convention Center in Gaylord, MI. Events include a light breakfast, speakers, breakout sessions, full lunch, AcuDetox demonstrations, yoga, entertainment and door prizes. Register Here

# **CAPE Council Spring Conference May 18th**

The Child Abuse Prevention and Education (CAPE) Council will be holding their Spring Conference on May 18th from 8am-1pm at Genesis Church in Petoskey. The keynote speaker for this event is Dr. Jim Henry, co-founder and project director for the Western Michigan University Children's Trauma Assessment Center. Registration Information

## **Community Town Hall Funding Opportunity**

Throughout the COVID-19 pandemic, concerns about substance use and mental

health conditions have grown.

The Michigan Department of Health and Human Services' (MDHHS) Substance Use, Gambling and Epidemiology Section (SUGE) is seeking applications from organizations to conduct Community Town Hall meetings that:

- Address the impact of this public health crisis on populations, especially disparate or underserved populations.
- Help raise awareness about coping with COVID-19 by sharing informational materials based on the latest research.
- Determine community concerns and disseminate relevant resources to address priority areas: underage drinking, marijuana, prescription drugs/opioids, tobacco and mental health.

The Community Town Hall must occur on or before August 31, 2023.

- Applications will be accepted through May 31, 2023 on a first-come, first-serve basis.
- Limited to 75 organizations.
- \$1,500 per Community Town Hall. You will be reimbursed for actual cost up to \$1,500 through a contract with our training logistics contractor Community Mental Health Association of Michigan (CMHAM).
- MDHHS has the ability to deny an organization's application.

#### Apply now to conduct a Community Town Hall Event!

https://www.research.net/r/MFNNG25

Funding can be used for expenses such as:

- Speakers
- Panel discussions
- Venues
- Evaluation efforts
- Technology (if applicable)

#### Funding cannot be used for:

- Promotional items, including but not limited to clothing, commemorative items such as pens, mugs/cups, folders/folios, lanyards, and conference bags.
- Direct payments to individuals to participate in prevention services. Note: Prevention provider may provide up to \$30 non-cash incentive to participate in data collection follow-up.
- Meals are generally unallowable.

#### **Community Conversations and MORE in Kalkaska**

Live Well Kalkaska Substance Free Coalition is ramping up their impact on their community through a variety of offerings in the coming weeks. On April 27 at 6:00 PM they are holding a Community Conversation and Presentation on "Fentanyl: How Safe Are Our Youth?" The evening will include the premier of "Dead on Arrival" a documentary about deceptive drugs made of Fentanyl that are killing young people across America at an alarming rate. This will take place at the Kalkaska High School Auditorium and also has several guest speakers. The "Hidden In Plain Sight Trailder" will also be available to tour - spread the news!

Also offered next week in Kalkaska is "Coffee with the Coalition" on Tuesday, April 25 at 9:00 AM. This forum will offer a time for Kalkaska community members to connect with their coalition and have an informal conversation on substance use disorder, recovery and related topics. This month Tim Hudson, PhD, Behavioral Health Consultant with Michigan Opioid Collaborative and Dr. Ponni Perumalswamin, MD, MSCR, Associate Professor of Medicine at University of Michigan. They will be presenting on the MOC grant funded program and their goals of bringing awareness of SUD and treatment options. for the Zoom Meeting information is: Meeting ID - 744 288 9006 and Passcode: UpNorth

Lastly, you can support this coalition AND get your Spring Bulbs by following this link. That's a win-win and a way to get a lot of things GROWING in northern Michigan!

#### 2023 Rural Michigan Opioid & Substance Use Disorder Summit

NMORC will once again host the Rural Michigan OUD/SUD Summit in Gaylord, Michigan on July 20, 2023! The theme this year has been choses: "Michigan: The State of Recovery" and many dynamic speakers have already agreed to present! More details to follow but for now, *save the date!* 

#### 2023 Michigan Harm Reduction Summit Offered in May

The Michigan Department of Health and Human Services (MDHHS) Viral Hepatitis Unit registration is open for the 2023 Michigan Harm Reduction Summit! This year's summit will be hosted in-person at the Lansing Center on May 16-17, 2023. Select sessions will be streamed virtually on Hopin on May 17, but for access to the full slate of sessions, participants are encouraged to register to attend in-person. May 16 will offer Pre-Conference Workshops from 1-5 PM. May 17 will consist of a full-day conference from 8-4 and will feature 3 tracks (beginner, intermediate and advanced). Click on these links to access the Agenda, Session Descriptions or to Register.

#### You Have a ROLE in Training for ACE

Registration is open to attend the 2023 Michigan ACE Initiative Conference. Everyone has a ROLE (Real Opportunity for Leadership and Engagement) to play in the prevention of ACE (Adverse Childhood Experiences), whether it be at the national, state, local or individual level. The Conference will take place on the CMU Campus on May 24. For more information, see this flyer.

#### **Opioid Settlement Updates**

Just a reminder that ongoing updates from the Michigan Association of Counties (MAC) regarding opioid settlement dollars disbursement to counties is ongoing. MAC's Amy Dolinky is available to consult with counties as they plan out their opioid responses. She can be reached at dolinky@micounties.org.

For the latest news and resource updates on opioid settlements you can also follow these links:

- Opioid Settlement Resource Center The Michigan Association of Counties (micounties.org)
- Opioid Settlement Overview Table

## FAN Support Available for Wall-Mounted Naloxone Boxes

If you or someone you know has a business that would like to keep naloxone on hand in the event that it's needed, FAN can supply you with a free naloxone RescueBox and the NARCAN® to stock it. To get a free wall-mount naloxone box for a business, fill out the RescueBox request form at <a href="mailto:THIS LINK">THIS LINK</a>. You can also contact Marissa at <a href="mailto:marissa@familiesagainstnarcotics.org">marissa@familiesagainstnarcotics.org</a>, or 586-842-5203.

## Recovery Leadership Summit June 4-7, 2023

Attendee tickets for the 2023 Recovery Leadership Summit, America Honors Recovery Gala & Dinner, Equity Dinner and Hill Day events are now available. The summit will be held June 4-7, 2023, at the Capital Hilton in Washington, DC. Take advantage of Early Bird Pricing and receive \$50 off registration before March 1st! The Recovery Leadership Summit unites recovery advocates from across the nation for exciting keynotes, breakout sessions and networking opportunities. There will be documentary screenings, mocktail hours and much more! If you are planning to attend please register here.

# Michigan Suicide Prevention Community Technical Assistance Conference (CTAC)

The 2023 Michigan Suicide Prevention Community Technical Assistance Conference (CTAC) is taking place **May 3–5, 2023** in **Gaylord, MI**. There is still a very small window open for registrations to attend the Virtual Format on May 4, so HURRY if you want to be included. To access more information or to register, click here!

## General Education, Training and Resources

#### Mental Health First Aid Training May 18, 2023

Please join NMORC and BASES Recovery Center at the Charlevoix Library on **May 18, 2023** to become certified in Mental Health First Aid (MHFA). MHFA is an evidenced-based early intervention tool that is is designed for everyone including community members and professionals. There is no advanced training or education required to take this course. HFA teaches people how to recognize the signs and symptoms of a substance use or mental health challenge, how to talk to the individual in or facing crisis, and how to link them to the appropriate resources. To register for this training contact Scott Kelly at Scott@BasesRecoveryCenter.org or call 231-547-1144. For more information on this training please check out this flyer or contact a member of the NMORC team for more information or to schedule a training in your area.

#### **NMSAS Training Opportunities**

NMSAS Recovery Center continues to provide a great line up of training opportunities as well as ongoing check-in and virtual recovery group opportunities, select the opportunity below to learn more:

- Ongoing every other Tuesday Recovery Coach Check-Ins
- Ongoing weekly presenters/recovery hour(s) Virtually Inspired Recovery

# Skills Development Series for Peer Recovery Support Specialists

The Peer Recovery CoE is offering this training series is to provide recurring opportunities for peer recovery support specialists from across the country to build foundational skills that are necessary for effective peer support service provision. All monthly session will be held at 2:00 - 5:00 pm Eastern, upcoming sessions:

- May 18, 2023 Understanding and Supporting Mental Health Experiences
- June 15, 2023- Supporting People Navigating "Crisis"

Participants receive certificates of participation for each training they attend. Please remember to enter your name in registration the exact way you would like it to appear on your certificate. For Full Details and to Register Click Here.

# Beaumont Pain Management on Demand: Awareness Training for Prescribers and Dispensers of Controlled Substances

The Michigan Project to Prevent Prescription Drug/Opioid Overdose Related Deaths (MI-PDO) invites community healthcare partners in Michigan to participate in a peer prescribing education program at no cost. The MI-PDO team is working with Beaumont to utilize their on-demand training which qualifies for 1.5 CME Credits. For additional training information and to register click here.

# **Applied Suicide Intervention Skills Training (ASIST)**

Kiersten's Ride is a resource in our area for Applied Suicide Intervention Skills Trainings (ASIST). ASIST is a two-day face-to-face workshop (BOTH full days required). Participants learn how to prevent suicide by recognizing signs, providing a skilled intervention, and developing a safety plan to keep someone alive. Social Work CEU credits are available. Seating is limited for each class, so early registration is key to getting in on the information. Your participation will help create communities that are safer from suicide... you matter... and you are making a difference! Please contact Kiersten's Ride if you have any questions kierstensride.org or call 231-675-5047.

safeTALK Glen Arbor, MI Saturday, May 20, 2023 10:00 AM Register Here

- ASIST Traverse City, MI Friday, June 2, 2023 8:15 AM Register Here
- ASIST Cadillac, MI Monday, June 26, 2023 8:15 AM Register Here
- safeTALK Gaylord, MI Thursday, July 20, 2023 8:30 AM Register Here
- ASIST Cheboygan Thursday, September 21, 2023 8:15 AM Register Here

#### **Grand Rounds for Pharmacists**

Michigan Center for Rural Health is introducing Pharmacy Grand Rounds that will focus on continuing education for Pharmacists, Pharmacy Technicians, Physicians and Nurses! The next opportunity will on March 14, 2023 will highlight Opioid Treatment Therapy. These sessions are presented by Dr. Curtis Smith, PharmD via Zoom Webinar from noon-1 PM and are facilitated by Michigan Center for Rural Health. For a listing of all Grand Rounds offered by MCRH, please visit: MCRH Grand Rounds.

#### **SVSU SUD Project ECHO Continues**

Saginaw Valley State University Project ECHO is a program with a focus on Substance Use Disorders (SUD) including treatment, recovery, intervention and prevention. This learning opportunity is designed for any healthcare provider, mental health or substance use disorder professional, social worker, peer recovery specialist, administrator, or student with interest in the program topics.

Project ECHO for Substance Use Disorders (SUD ECHO) is offered along with our partners Recovery Pathways, Bay-Arenac Behavioral Health Authority, Ferris State University and Peer360 Recovery Alliance and provides the latest information and case-based learning in substance use disorder prevention, intervention, treatment and recovery.

To access the flyer with more details on this training, click here: SUD Project ECHO or an additional link to this program can be found further down in the General Education section of this brief.

#### **SVSU Project ECHO for Perinatal SUD**

Saginaw Valley State University also offers a specific perinatal focus with thier: Project ECHO for Perinatal Substance Use Disorder (PSUD ECHO), in partnership with Recovery Pathways, LLC, Ferris State University and Peer 360 Recovery Alliance, this effort provides educational information and practice support for healthcare professionals treating those who are pregnant with co-occurring substance use disorder. *Click Here to Register for PSUD ECHO* 

# Catch My Breath Youth Vaping Prevention Program

CATCH My Breath is a peer-reviewed, evidence-based youth vaping prevention program developed by The University of Texas Health Science Center at Houston (UTHealth) School of Public Health. The program provides up-to-date information to teachers, parents, and health professionals to equip students with the knowledge and skills they need to make informed decisions about the use of e-cigarettes, including JUUL and disposable devices. CATCH My Breath utilizes a peer-led teaching approach and meets National and State Health Education Standards. For more information Click Here

# Mindfulness for Chronic Pain and Opiate Dependence

On Demand Webinar Click Here to Watch

## Michigan Opioid Collaborative (MOC) Offers Free Webinars

Michigan Opioid Collaborative offers many great opportunities to learn and connect with other professionals and their website offers free services and webinars to anyone interested! Most of the webinars offer CME, CEU and MCBAP credits - learn while you earn your continuing education. Follow this link for upcoming events: MOC Event Page.

#### **Ordering Bulk Quantities of Naloxone**

Eligible organizations can receive free Naloxone by filling out a PDF form and emailing it to MDHHS to request supplies be mailed to your location. Simply fill out this form: Naloxone Request Form. Once that is done make a pdf of that document, there is a submit button at the top of the page that hasn't ever worked for me, but it also lists an email address to send the completed document. Use the email address listed at the top of the document, you'll thank me later! Here's that email address: MDHHS-NalxneRqst@michigan.gov.

#### **Suicide Prevention Toolkits Available**

A guide is available for anyone communicating and writing about Veteran suicide is available for download. Follow this link to access the document:

Safe Messaging Best Practices: A guide for anyone communicating and writing about Veteran suicide (va.gov) and also Social Media Safety Toolkit for Veterans, Their Families, and Friends (va.gov)

# Recovery and Other Resources

## Young Adults All Recovery Meeting

Thursdays from 7:00pm-8:00pm - Virtual

Open to young adults (18-30) in Recovery and loved ones regardless of Recovery Pathway!

Zoom Meeting ID: 353 536 5087

Password: Rule 62

For more information, please contact: BenzieCountyRecovery@gmail.com

# **Virtually Inspired Recovery Series**

Join every Tuesday and Thursday from 12pm-1pm for Recovery Hour. An open discussion on topics related to Recovery. All are Welcome.

Click Here for Zoom Information

#### **Prevention Resources**

## **FREE Naloxone Resources**

Share these free resources as you are able!

Naloxone for All

Online/By Mail

nextdistro.org/michigan

Families Against Narcotics (FAN)

Online/By Mail

FamiliesAgainstNarcotics.org/naloxone

**Harm Reduction Michigan** 

Text or call: 231.493.5124 or by Mail or Personal Delivery at

facebook.com/HarmReductionMI



Northern Michigan Opioid Response Consortium (NMORC) is a federally grant funded project under the Michigan Center for Rural Health (MCRH). As Michigan's State Office of Rural Health, MCRH plays a key role in rural health care by assisting in the creation and implementation of partnerships among organizations, health departments, hospitals, government and academia. More information on MCRH may be found at: www.mrch.msu.edu

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