



## NMORC August Newsletter 8/28/2024

*Updates and reminders regarding NMORC efforts to support and promote Substance and Opioid Use Disorder events, resources and information. Links provided will connect you to associated pages with more information, such as registration pages, full FOAs, or complete documents.*

### ***In this Newsletter:***

#### ***General Announcements***

- Overdose Awareness Day is August 31
- Celebrating Recovery Month Across the Region
- OPEN MOUD training on September 16: Intro to Treating Patients with Buprenorphine for Primary Care Providers
- MHA Keystone Center Offers SUD/ODU Peer Recovery Services Learning Collaborative(s) in September
- Suicide Prevention Conference will be September 24-26

#### ***General Education, Trainings and Resources***

- NMSAS Recovery Center offers Peer Support Guidance - check it out
- SAMHSA Resource for Community Coalitions
- Never Use Alone Hotline
- Updated Hep C Testing Guidelines
- Recovery Ready Workplace Resource
- New Veteran Safety Plan App
- Opioid Settlement Updates
- ECHO Opportunities from MCRH and SVSU
- Catch My Breath Vaping Prevention

#### ***Recovery and Other Resources***

- Young Adults All Recovery Meeting
- Peer Recovery Coaching Services Offered

#### ***Prevention Resources***

- Ordering free bulk Naloxone from MDHHS
- Other FREE Naloxone Resources

## International Overdose Awareness Day Leads into September National Recovery Month

As the end of August draws near, the focus on overdose, substance and opioid use disorder and recovery efforts are set to take center stage. International Overdose Awareness Day (IOAD) is held on August 31 every year. It is the world's largest annual campaign to end overdose and to remember without stigma those who have died as well as acknowledge the grief of the family and friends left behind. The 2024 theme is "Together we can" which highlights the power of the communities that we are building and the fact that we are stronger when we stand together.

To commemorate the day in northern Lower Michigan, two NMORC partners will hold "Butterfly Release Events" - one in Cadillac on August 30; the other in Petoskey on August 31. See the flyers below for more information on these beautiful and poignant events that keep those we've lost foremost in our minds and honor their lives.



Catholic Human Services, Harm Reduction Michigan and District Health Department #10 will hold their 2nd Annual IOAD from 4-6 PM on August 30 at the Cadillac Rotary Pavilion. To reserve a butterfly to release, please scan the QR code above or call 231.280.5789.

Community Recovery Alliance will hold their 4th Annual IOAD Butterfly Release on August 31 from 1-3 PM at Pennsylvania Park in Petoskey. The event has grown over the years, so make sure you join this year, too! To reserve a butterfly, scan the QR Code below, or call 231.881.9116.



Recovery Month Events will be plentiful across the region, too! Throughout the month many different activities, celebrations and opportunities to showcase the many talents our recovery community members possess will be offered. Make sure you follow the webpages and social media posts of our recovery community partners so you don't miss out. Our recovery community is growing and supporting the efforts not only brings about positive change in our environment, it provides a great 'jumping in' option for anyone who has struggled with any SUD/OD questions, to see your community embrace recovery supports and bust stigma is one way we can continue to turn the tide on this insidious and destructive disease. Here are few of the offerings:



**2024 RECOVERY MONTH  
EMPOWER YOUR RECOVERY**

**CRAFTING @10AM**

TUES 9/3 ESSENTIAL OIL BRACELETS

TUES 9/10 POSITIVE AFFIRMATIONS STONES

TUES 9/17 AROMA THERAPY PILLOWS

TUES 9/24 MINDFULNESS CLITTER JARS

**KNOWLEDGE**

MDHHS: Learn about your rights, what you can expect, and how to get help.

JOICE PETERSON: Learn about your rights, what you can expect, and how to get help.

PLANNING: Learn about your rights, what you can expect, and how to get help.

LYBB: Learn about your rights, what you can expect, and how to get help.

SELF-DEFENSE: Learn about your rights, what you can expect, and how to get help.

**FRIDAY FUN @ 5:30PM**

TRIVIA NIGHT: Join us at the NEW CRA Center for a night of TRIVIA!

KARAOKE WITH A COP: Join us at the NEW CRA Center for a night of KARAOKE with a COP!

THE CONSOLE CLASSIC: Join the CRA team at the NEW CRA Center for a night of THE CONSOLE CLASSIC!

**SELFCARE**

Join us at the NEW CRA Center for a night of SELFCARE!

NATIONAL RECOVERY DAY: Join us at the NEW CRA Center for a night of NATIONAL RECOVERY DAY!

**CRA**  
Center for Recovery and Addiction

322 Bay St. Unit 3 Petoskey, MI 49770 WWW.CRAMI.ORG

**ALL RECOVERY  
LABOR DAY WEEKEND  
CAMPOUT**

August 30th-September 2nd

HOME OF NEW VISION, PEER 360, AND ANDY'S ANGELS

PRESENT THIS ALCOHOL & SUBSTANCE FREE CAMPING TRIP. ADMISSION IS FREE & BOTH TENT CAMPING AND CABINS ARE AVAILABLE. TO ENSURE A CABIN PLEASE RSVP BECAUSE BUNKS ARE LIMITED.

RSVP DATE WILL OPEN AUGUST 1ST

SOME MEALS WILL ALSO BE PROVIDED BUT PLEASE BRING NECESSARY CAMPING ITEMS, SNACKS AND DRINKS

**CAMP NEYATI** 2052 Hillcrest Dr. Lake MI

CHECK IN IS 4:00 FRIDAY. (2:00 FOR STAFF & VOLUNTEERS)

PEER 360 HOME OF NEW VISION

Contact Chancy @ 989.698.6917 to RSVP, volunteer or for more info

**SAVE THE DATE** 9/6/2024 11am-1pm

**PROFESSIONAL NETWORKING EVENT**

IN SUPPORT OF SUNRISE CENTRE

MDHHS STAFF WILL BE GRILLING HOTDOGS, CHIPS AND A POP FOR LUNCH WITH PROCEEDS GOING TO SUNRISE CENTRE!

**LUNCH**

Parking lot of: Boys & Girls Club, Sunrise Centre, & MDHHS - Alpena.

QUESTIONS: PLEASE CONTACT GARRIE BADGERO, BADGEROC2@MICHIGAN.GOV, KAREN NOWICKI-COMPEAU AT KAREN.NOWICKI-COMPEAU@MICHIGAN.ORG

Community Recovery Alliance in Petoskey has a whole slate of activities across the month from which you can choose to get involved! Go to: [CRAmi.org](http://CRAmi.org) and scroll down the page to see their 'Calendar of Upcoming Events and Meetings' information.

Peer 360 is pleased to offer a WEEKEND Campout across the Labor Day holiday! This will be held at Camp Neyati in Lake, MI. For more information, you can contact Chancy: 989.698.6917 about being a volunteer or to RSVP!

A Professional Networking Event will take place on September 6 from 11 AM - 1 PM in the parking lot of Boys & Girls Club, Sunrise Centre and MDHHS in Alpena. Contact Carrie Badgero at [Badgeroc2@Michigan.gov](mailto:Badgeroc2@Michigan.gov) for more information. Lunch will be served, too!

You're invited to Addition Treatment Services inaugural event.

**Art of Recovery**

SEPTEMBER 14 | @ 5:30PM

City Opera House  
106 E. Front St., Traverse City

A Night of Art, Community & Entertainment

Join us at 5:30 p.m. on Saturday, September 14 for our Art of Recovery fundraiser. The main feature of this event is a silent auction highlighting artwork from local artists and generous donors in support of Addition Treatment Services. Enjoy cocktails, charcuterie and live entertainment, hear from recovery speakers and get to know more about Addition Treatment Services.

We will feature two ticket options to ensure inclusivity for all. Head to the City Opera House website for more information on ticket options and to purchase yours now.

[bit.ly/atsartofrecovery](http://bit.ly/atsartofrecovery)

ADDITION TREATMENT SERVICES

LIVEWELL Northern Michigan Regional Entry

**THE TALENTS OF RECOVERY UP NORTH**

SATURDAY, SEPT 21  
12 - 7 pm

RAILROAD SQUARE  
301 S Cedar St, Kalkaska

WE ARE LOOKING FOR PEOPLE IN RECOVERY WHO WOULD LIKE TO SHOWCASE THEIR GIFTS, TALENTS, & INITIATIVES. THIS INCLUDES ARTS, CRAFTS, MUSIC, SMALL BUSINESS, FOODS, & MORE.

TO BECOME A FREE VENDOR, SCAN THE QR CODE

QUESTIONS? [SPRINTICE.LWWSFC@GMAIL.COM](mailto:SPRINTICE.LWWSFC@GMAIL.COM)

**FAN** FACE ADDICTION NOW  
Specialty Families Against Narcotics

FAN'S ANNUAL RECOVERY MONTH EVENT & FIRST.

**AIR Fair (Artists In Recovery) & Chili Cook-Off**

THURSDAY September 26th  
6pm - 8pm  
Gaylord Methodist Church  
215 S Center Ave.  
Gaylord, MI

IN CELEBRATION OF NATIONAL RECOVERY MONTH OTSEGO FAN INVITES YOU TO JOIN US FOR OUR FIRST AIR FAIR. WE WILL HAVE TABLES WITH VARIOUS ART FOR SALE BY MEMBERS OF THE COMMUNITY IN RECOVERY! PLUS, SNACKS AND CHILI JUDGED BY JUDGES!

Check us out: [facebook.com/faceaddictionnow](https://facebook.com/faceaddictionnow)  
[www.familysupportforrecovery.org](http://www.familysupportforrecovery.org)  
Contact us: [otsego@familysupportforrecovery.org](mailto:otsego@familysupportforrecovery.org)

Addiction Treatment Services in Traverse City is sponsoring an "Art of Recovery" event! This will be a night of art, community and entertainment that will take place at the City Opera House on September 14 at 5:30 PM. There are two ticket options to ensure inclusivity for all. You can go directly to the City Opera House website for more information or use this [LINK](#) to secure your tickets now.

LiveWell Kalkaska Substance Free Coalition and NMRE invite people in recovery who would like to showcase their gifts, talents and initiatives during "The Talents of Recovery Up North" event on Saturday, September 21 from Noon - 7 PM. This event will take place at Railroad Square (301 S Cedar Street) in Kalkaska. The event is free and you can follow the QR code to sign up or click on this [EMAIL](#) link!

In celebration of National Recovery Month, Otsego Chapter of Face Addiction Now (formerly Families Against Narcotics) invites you to and AIR Fair (Artists in Recovery) and Chili Cook-Off event on Thursday, September 26 from 6 - 8 PM at the Gaylord Methodist Church (215 S Center Avenue, Gaylord, MI). For more information or to get make your art available for sale during the event, click on this [EMAIL](#) link!

## OPEN Opportunity for MOUD Training

The Overdose Prevention Engagement Network (OPEN) is a diverse team

dedicated to improving lives and reducing harms of substance use through the engagement of individuals, communities, and organizations to share education and resources that strengthen person-centered prevention, treatment and recovery.

An upcoming effort of interest is an online training session on September 16 from Noon-4 PM EST. This course, "Introduction to Treating Patients with Buprenorphine for Primary Care Providers", covers the neurobiology of addiction specifically for Medications for Opioid Use Disorder (MOUD). **This course offers 4 CME credits and a \$250 incentive to primary care providers** and also meets the DEA SUD training requirements. Anyone who works with people with substance use disorder (SUD) will benefit from this training. Follow this [LINK](#) to register!

Don't forget that OPEN also provides same-day consultation services available to clinicians treating patients with SUD and complex pain! Follow this [LINK](#) to access that service.

If you haven't visited the OPEN website, it will be worth your time to check out the vast resources and initiatives available, check it out: [michigan-open.org](http://michigan-open.org).

## Sept. Learning Collaboratives - Substance and Opioid Use Disorder Peer Recovery Services

The MHA Keystone Center is partnering with the Community Foundation of Southeast Michigan to host a two-part, **virtual series** about peer recovery services for substance and opioid use disorders in September.

Emergency medicine providers will have the opportunity to connect with their peers to discuss hospital-based peer recovery coach services, warm handoffs to post-acute care services and community resources available.

While funding for peer recovery programs have traditionally been an obstacle to implementation, the state of Michigan's fiscal year 2025 budget includes \$8.3 million to support reimbursement for hospitals providing peer recovery services for substance and opioid use disorders.

Emergency department physicians and care providers are encouraged to join the virtual sessions from 10 a.m. to 12 p.m. on Sept. 17 and Sept. 23 to learn from subject matter experts with hands-on experience implementing peer recovery programs. Nick Rademacher, MD, from Trinity Health Grand Rapids and Jacob Manteuffel, MD, from Henry Ford Health will lead the sessions.

## Suicide Prevention Conference

Kiersten's Ride Suicide Prevention Conference will be held at Castle Farms, Charlevoix, Michigan this upcoming September 24-26, 2024. If you haven't done so already, this is your reminder to register NOW.

Two tracks are available, one for Professionals and one for Community members. The Keynote Speaker is Dr. Tony Thrasher, DO, MBA, CPE, DFAPA. Dr. Thrasher is a board-certified psychiatrist employed as the medical director for the Crisis Services branch of the Milwaukee County Behavioral Health Division.


You can download the flyer with more information, registration links and contact info [HERE](#).



**Kiersten's Ride**  
**SUICIDE PREVENTION CONFERENCE**  
*Bringing help, hope and healing through suicide prevention in Northern Lower Michigan*

**September 24-26, 2024**  
Castle Farms, Charlevoix, MI


**SEPT 24 - KEY NOTE SPEAKER:**



**DR. TONY THRASHER**  
D.O., MBA, CPE, DFAPA  
Milwaukee County Behavioral Health

Dr. Tony Thrasher is a board-certified psychiatrist employed as the medical director for the Crisis Services branch of the Milwaukee County Behavioral Health Division. He received his psychiatric training from Washington University in St. Louis at Barnes Jewish Hospital, and he is the Immediate Past President of The American Association for Emergency Psychiatry (AAEP).

**SEPT 24, 25, 26 - PROFESSIONAL TRACK | \$100 per registration (or \$200 after July 31)**



Josh Smith, MSW, LMSW, is a DBT-Lincoln Board of Certification, Certified Clinician™, and the Founder and CEO of the DBT Institute of Michigan. The DBT Institute of Michigan is the largest DBT provider in the state and prides itself on being a highly sought after and modeled DBT program for consumers and referral sources.

**SEPT 24 & 25 - COMMUNITY TRACK | \$100 per registration (or \$150 after July 31)**

**DAY 1 - SEPT 24**


- Positive Psychology
- Protective Factors for Suicide Prevention
- Eating for Mental Well-Being
- Addressing Suicide in the Elderly Population
- Grieving a Death to Suicide & Other Causes
- Is it Anxiety?

**DAY 2 - SEPT 25**

- Speak the Unspeakable
- Recovery Capital & Wellness
- An Atypical Experience w/ Suicide
- A Veteran's Story of Recovery & Resiliency
- Safe Firearm Storage/Red Flag Law
- Social Media Addiction 2

*Opportunities for continuing education in the areas of Social Work, Nursing, MCBAP, Cert. Public Health, and SICHECHs have been applied for.*

QUESTIONS? CONTACT US: [www.KierstonsRide.org](http://www.KierstonsRide.org)  
[kierstonsride@outlook.com](mailto:kierstonsride@outlook.com)  
231.675.5047

FOR MORE INFO & REGISTRATION SCAN HERE → 



**THANK YOU TO OUR PARTNERS**

COMMUNITY FOUNDATION OF SOUTHEAST MICHIGAN

HENRY FORD HEALTH



## General Education, Training and Resources

**NMSAS Recovery Center**, located in Gaylord, MI shares their expertise, care, and compassion for recovery in their business office and online. Peer recovery coaching support is a mainstay of their programming so whether you are interested in finding out more about the profession or are a veteran in need of some support, visit their [YouPickRecovery.org](https://www.youpickrecovery.org) webpage to find out how you can get connected and help others on their recovery journey!

**SAMHSA's resource** [Engaging Community Coalitions To Decrease Opioid Overdose Deaths Practice Guide 2023](#). This tool provides comprehensive information through a revisiting the work of the consortium.

**Never Use Alone Hotline** : National Overdose Prevention Lifeline is available at 1-800-696-1996 (English). Website: [Never Use Alone Inc.](#)

**Updated Hepatitis C Testing Guidelines**: The CDC updated their Hepatitis C testing guidelines to include infants and children who have been exposed perinatally. [Updated guidelines](#)

**Recovery Ready Workplace Resources**: The White House released a Recovery-Ready Workplace [Toolkit](#) for businesses and a [State Model Law](#) for state governments as part of their efforts to help strengthen the economy and support the more than 44 million American adults who have an SUD.

**Veteran Safety Plan App**: The VA's National Center for PTSD has just announced the release of the Safety Plan app! Safety Plan helps Veterans create a personalized step-by-step action plan to keep themselves safe during a crisis. It is highly customizable and provides access to coping tools, self-assessment measures, and crisis support resources. The Safety Plan app was developed by the National Center for PTSD Mobile Mental Health program with input from the VA Suicide Prevention Program. The app can be recommended to any Veteran who is at-risk for suicide. The goal of this app is provide Veterans with options to access their Safety Plan in a format that works for them. Select [this link](#) to learn more. Point your device's camera at the QR code to download Safety Plan!

**Opioid Settlement Updates**: The Michigan Association of Counties (MAC) provides updates on opioid settlement dollars disbursement to counties on a monthly basis. For the latest news and resource updates on opioid settlements you can also follow these links:

- [Opioid Settlement Resource Center - The Michigan Association of Counties \(micounties.org\)](#)
- [Opioid Settlement Overview Table](#)

MAC's Amy Dolinky is also available to consult with counties as they plan out their opioid responses. She can be reached at [dolinky@micounties.org](mailto:dolinky@micounties.org).

**Michigan Center for Rural Health** offers a robust docket of educational opportunities for many different professions through Grand Rounds, Project ECHO and EMS Continuing Education. For more information or to see what's on tap, follow this [link](#).

**Saginaw Valley State University Project ECHO** is a program with a focus on Substance Use Disorders (SUD) including treatment, recovery, intervention and prevention. This learning opportunity is designed for any healthcare provider, mental health or substance use disorder professional, social worker, peer recovery specialist, administrator, or student with interest in the program topics.

Project ECHO for Substance Use Disorders (SUD ECHO) is offered along with our partners Recovery Pathways, Bay-Arenac Behavioral Health Authority, Ferris State University and Peer360 Recovery Alliance and provides the latest information and case-based learning in substance use disorder prevention, intervention, treatment

and recovery.

To access the flyer with more details on this training, click here: [SUD Project ECHO](#) or an additional link to this program can be found further down in the General Education section of this brief.

**Saginaw Valley State University Project ECHO** for Perinatal Substance Use Disorder (PSUD ECHO), in partnership with Recovery Pathways, LLC, Ferris State University and Peer 360 Recovery Alliance, this effort provides educational information and practice support for healthcare professionals treating those who are pregnant with co-occurring substance use disorder. [Click Here to Register for PSUD ECHO.](#)

**CATCH My Breath** is a peer-reviewed, evidence-based youth vaping prevention program developed by The University of Texas Health Science Center at Houston (UTHealth) School of Public Health. The program provides up-to-date information to teachers, parents, and health professionals to equip students with the knowledge and skills they need to make informed decisions about the use of e-cigarettes, including JUUL and disposable devices. CATCH My Breath utilizes a peer-led teaching approach and meets National and State Health Education Standards. For more information [Click Here.](#)

*We hope you find all of the SUD information you need and look forward to seeing you attend our events and educational webinars!*

## ***Recovery and Other Resources***

### **[Young Adults All Recovery Meeting](#)**

Thursdays from 7:00pm-8:00pm - Virtual

Open to young adults (18-30) in Recovery and loved ones regardless of Recovery Pathway!

*Zoom Meeting ID: 353 536 5087*

*Password: Rule 62*

For more information, please contact:

[BenzieCountyRecovery@gmail.com](mailto:BenzieCountyRecovery@gmail.com)

### **[Peer Recovery Coaching Services](#)**

As above, NMSAS Recovery Center provides a great line up of training opportunities as well as ongoing coach check-in and virtual recovery group opportunities. Go to "You Pick Recovery" [Website](#) to find support for your journey in recovery as well as resources for becoming a coach and helping others.

## ***Prevention Resources***

### **[FREE Naloxone Resources](#)**

#### **[MDHHS Narcan/Naloxone Placement Map:](#)**

Follow this [LINK](#) to access an updated map of free Naloxone resources around Michigan. NMORC does have limited funding available to obtain a Naloxone Distribution Box through our partnership with Harm Reduction Michigan. If you are interested in placing one of these boxes at a certain location, please contact [Joyce Fetrow](#) for more information.

### **[Ordering Bulk Quantities of Naloxone](#)**

Eligible organizations can receive free Naloxone by filling out a PDF form and emailing it to MDHHS to request supplies be mailed to your location. Simply fill out this form: [Naloxone Request Form](#). Once that is done make a pdf of that document, there is a submit button at the top of the page that hasn't ever worked for me, but it also lists an email address to send the completed document. Use the email address listed at the top of the document, you'll thank me later! Here's that email address: MDHHS-NalxneRqst@michigan.gov.

### **Naloxone for All**

Online/By Mail

[nextdistro.org/michigan](http://nextdistro.org/michigan)

### **Face Addiction Now (FAN)**

Online/By Mail

[FamiliesAgainstNarcotics.org/naloxone](http://FamiliesAgainstNarcotics.org/naloxone)

### **Harm Reduction Michigan**

Text or call: 231.493.5124 or by Mail or Personal Delivery at

[facebook.com/HarmReductionMI](https://facebook.com/HarmReductionMI)



*Northern Michigan Opioid Response Consortium (NMORC) is a project of the Michigan Center for Rural Health (MCRH). This effort was funded through the RCORP grant program under the Health Resources & Services Administration (HRSA). More information on MCRH may be found at: [www.mcrh.msu.edu](http://www.mcrh.msu.edu)*

## **Contact Us**

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