



NMORC December Newsletter

12/23/2024

Updates and reminders regarding NMORC efforts to support and promote Substance and Opioid Use Disorder events, resources and information. Links provided will connect you to associated pages with more information, such as registration pages, full FOAs, or complete documents.

In this Newsletter:

General Announcements

- Seasons Greetings from the NMORC team
- NMORC December Quarterly Meeting Wrap
- Jail Release Simulation in Kalkaska Spurs Interest
- Behavioral Health Grand Round Series Overview
- NMORC Director Fetrow Recognized for Leadership

General Education, Trainings and Resources

- NMSAS Recovery Center offers Peer Support Guidance - check it out
- SAMHSA Resource for Community Coalitions
- Never Use Alone Hotline
- Updated Hep C Testing Guidelines
- Recovery Ready Workplace Resource
- New Veteran Safety Plan App
- Opioid Settlement Updates
- ECHO Opportunities from MCRH and SVSU
- Catch My Breath Vaping Prevention

Recovery and Other Resources

- Young Adults All Recovery Meeting
- Peer Recovery Coaching Services Offered

Prevention Resources

- Ordering free bulk Naloxone from MDHHS
- Other FREE Naloxone Resources



General Announcements

December NMORC Quarterly Meeting Recap

The Northern Michigan Opioid Response Consortium completed another year of work with a robust Quarterly Meeting held in person at the Kirtland College Campus in Grayling on December 12 or via a hybrid Zoom link. The nearly 50 attendees were treated to a robust agenda that began with "Our Stories Have Power" segment where someone with lived experience shares their recovery story. This event that role was filled by Brian Scarbrough who is the manager of 2 recovery homes in Petoskey, is a certified peer recovery coach and sits on the Board of Directors of Community Recovery Alliance. His story of recovery and of turning that energy into a positive force in the recovery movement was truly inspirational and got the meeting kicked off on a strong footing.

Next to present were Shelby Pasch and Haley Keyhus, both of whom are working on the MDHHS website to bring forward New Mapping Tools to aid recovery efforts for persons having substance use disorders as well as concerned friends and family. Currently the map provides locations of many Naloxone Vending Machines and Naloxone Distribution Boxes that are available through Syringe Service Programs (SSP). See the link to the meeting minutes at the end of this article to access a link to this map.

The second speaker was Linda Solem who works for Catholic Human Services and presented on Human Trafficking Risk and Protective Factors. The information she presented clearly illustrated the ease with which persons can be manipulated into a life of sex trafficking. To see the PowerPoint, follow this [LINK](#). Ms. Solem also provided another document called "In Harms' Way" which details survey results from the first national survivor study, done by Polaris. You can access that document at this [LINK](#).

The final speaker before NMORC's director, Joyce Fetrow, and Medical Director, David McGreaham, MD provided updates, was Mr. Jim Yates who is the I-REACH Veterans Program Manager for the Michigan Center for Rural Health. His presentation spoke to the

many services available in northern Michigan. The goal of the I-REACH program is to connect providers with veterans and their families. Mr. Yates indicated that Michigan's veteran population is one of the largest in the country with over 500,000 veterans in our state. To access this powerful presentation, follow this [LINK](#).

The meeting closed with updates from NMORC and then Peer Sharing with our partners. To access the meeting minutes, please follow this [LINK](#).



This simulation is modeled from a program created by the West Virginia Department of Justice. Participants assume an identity of someone recently released from incarceration, receiving a storyline that includes time spent incarcerated, education, living arrangements to which they will return, and any possessions they may have accumulated while incarcerated. Each week they will have required or court-ordered tasks to complete to remain compliant to their probation requirements.



Jail Release Simulation Event in Kalkaska

NMORC completed the third Jail Release Simulation in the region at the Kaliseum in Kalkaska on December 19. The event was originally scheduled for December 12 but a sudden winter storm postponed the date by a week. Though there were some cancellations due to the rescheduling, 64 participants and volunteers were present for the snow date and found the exercise to be quite eye opening.

The goal is to gain understanding of significant obstacles faced by individuals returning to new or former communities and attempting to navigate requirements of parole and life situations upon their release. To walk in the shoes of one released from serving their time gives invaluable insight, both for professionals who are tasked with helping those individuals achieve a successful reentry as well as anyone from the community who wants to better understand this dynamic.

Interest in these events has been great and NMORC continues to work with communities in the 25-county coverage area interested in offering this event. The next Jail Release is scheduled for January 17 (snow date of January 24) in Petoskey. You can register via this [LINK](#).

NMORC Social Work Grand Rounds Series a Success!

At the start of 2024, the Michigan Center for Rural Health and Northern Michigan Opioid Response Consortium launched a Behavioral Healthcare Webinar Ground Rounds Series that focused on the different aspects of an episode of care for someone in substance use treatment. Called

BEHAVIORAL HEALTH SERIES GRAND ROUNDS



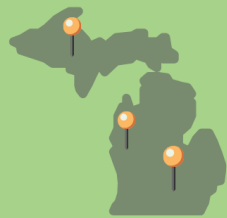
"Clinical Assessments for Behavioral Health Care" the series proved to be quite popular due to the engaging instructor, our Gennie Groover, and her and experience she wanted to share.

SERIES OVERVIEW

391 UNIQUE
PARTICIPANTS



684 TOTAL PARTICIPANTS IN SERIES



The six-part series was offered across the lunch hour and took place every other month, culminating in the final segment, "Discharge Planning" which was delivered earlier this month.

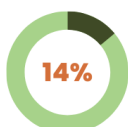
PROVIDER BREAKDOWN



55 Addiction Professionals



283 Social Workers



53 "Other" Providers

Evaluation Highlights:

- "This training gave me a better idea of how to focus on person centered assessments."
- "Very useful and practical presentation. It provided a good overview."
- "As a nurse manager of a SUD inpatient and outpatient program, I appreciate the chance to gain a better understanding of the treatment plan process the therapist use."

Total Hours of CE
provided

388

CE - Continuing Education Credits

Support & Resources

Michigan Center for Rural Health offers educational professional development webinars, designed to be a part of your lunch hour. All sessions are provided FREE of charge for rural healthcare providers.

SESSIONS PROVIDED



- 1 Clinical Assessments
- 2 Determining Medical Necessity for Addiction Treatment
- 3 Treatment Planning
- 4 Documentation
- 5 Crisis Intervention
- 6 Discharge Planning

WWW.MCRH.MSU.EDU

Through this series, 388 total hours of Continuing Education credits were provided to nearly 700 online attendees! Due to this successful first excursion into the Grand Round realm, Gennie and team are creating more content to share with our partners and others interested in Behavioral Health concerns.

More information on the new series will be announced in early 2025 - congratulations, Gennie!

Joyce Fetrow Celebrated for Leadership!

A recent column in the Charlevoix County News (publish date December 12, 2024) featured Community Leader, Joyce Fetrow! Titled "Helping Educate About the Wide Range of Assistance Available to Those Suffering Addiction" the column detailed Joyce's long legacy of service in the SUD arena.

The writer, John Keyser, indicated he felt intimidated at the thought of writing an article describing Fetrow's community leadership. To that I say, "Same, Mr. Keyser, same!" You can read that article by following this [LINK](#).



General Education, Training and Resources

NMSAS Recovery Center, located in Gaylord, MI shares their expertise, care, and compassion for recovery in their business office and online. Peer recovery coaching support is a mainstay of their programming so whether you are interested in finding out more about the profession or are a veteran in need of some support, visit their [YouPickRecovery.org](https://www.youpickrecovery.org) webpage to find out how you can get connected and help others on their recovery journey!

SAMHSA's resource [Engaging Community Coalitions To Decrease Opioid Overdose Deaths Practice Guide 2023](#). This tool provides comprehensive information through a revisiting the work of the consortium.

Never Use Alone Hotline : National Overdose Prevention Lifeline is available at 1-800-696-1996 (English). Website: [Never Use Alone Inc.](#)

Updated Hepatitis C Testing Guidelines: The CDC updated their Hepatitis C testing guidelines to include infants and children who have been exposed perinatally. [Updated guidelines](#)

Recovery Ready Workplace Resources: The White House released a Recovery-Ready Workplace [Toolkit](#) for businesses and a [State Model Law](#) for state governments as part of their efforts to help strengthen the economy and support the more than 44 million American adults who have an SUD.

Veteran Safety Plan App: The VA's National Center for PTSD has just announced the release of the Safety Plan app! Safety Plan helps Veterans create a personalized step-by-step action plan to keep themselves safe during a crisis. It is highly customizable and provides access to coping tools, self-assessment measures, and crisis support resources. The Safety Plan app was developed by the National Center for PTSD Mobile Mental Health program with input from the VA Suicide Prevention Program. The app can be recommended to any Veteran who is at-risk for suicide. The goal of this app is provide Veterans with options to access their Safety Plan in a format that works for them. Select [this link](#) to learn more. Point your device's camera at the QR code to download Safety Plan!

Opioid Settlement Updates: The Michigan Association of Counties (MAC) provides updates on opioid settlement dollars disbursement to counties on a monthly basis. For the latest news and resource updates on opioid settlements you can also follow these links:

- [Opioid Settlement Resource Center - The Michigan Association of Counties \(micounties.org\)](#)
- [Opioid Settlement Overview Table](#)

MAC's Amy Dolinky is also available to consult with counties as they plan out their opioid responses. She can be reached at dolinky@micounties.org.

Michigan Center for Rural Health offers a robust docket of educational opportunities for many different professions through Grand Rounds, Project ECHO and EMS Continuing Education. For more information or to see what's on tap, follow this [link](#).

Saginaw Valley State University Project ECHO is a program with a focus on Substance Use Disorders (SUD) including treatment, recovery, intervention and prevention. This learning opportunity is designed for any healthcare provider, mental health or substance use disorder professional, social worker, peer recovery specialist, administrator, or student with interest in the program topics.

Project ECHO for Substance Use Disorders (SUD ECHO) is offered along with our partners Recovery Pathways, Bay-Arenac Behavioral Health Authority, Ferris State University and Peer360 Recovery Alliance and provides the latest information and case-based learning in substance use disorder prevention, intervention, treatment

and recovery.

To access the flyer with more details on this training, click here: [SUD Project ECHO](#) or an additional link to this program can be found further down in the General Education section of this brief.

Saginaw Valley State University Project ECHO for Perinatal Substance Use Disorder (PSUD ECHO), in partnership with Recovery Pathways, LLC, Ferris State University and Peer 360 Recovery Alliance, this effort provides educational information and practice support for healthcare professionals treating those who are pregnant with co-occurring substance use disorder. [Click Here to Register for PSUD ECHO.](#)

CATCH My Breath is a peer-reviewed, evidence-based youth vaping prevention program developed by The University of Texas Health Science Center at Houston (UTHealth) School of Public Health. The program provides up-to-date information to teachers, parents, and health professionals to equip students with the knowledge and skills they need to make informed decisions about the use of e-cigarettes, including JUUL and disposable devices. CATCH My Breath utilizes a peer-led teaching approach and meets National and State Health Education Standards. For more information [Click Here.](#)

We hope you find all of the SUD information you need and look forward to seeing you attend our events and educational webinars!

Recovery and Other Resources

[Young Adults All Recovery Meeting](#)

Thursdays from 7:00pm-8:00pm - Virtual

Open to young adults (18-30) in Recovery and loved ones regardless of Recovery Pathway!

Zoom Meeting ID: 353 536 5087

Password: Rule 62

For more information, please contact:

BenzieCountyRecovery@gmail.com

[Peer Recovery Coaching Services](#)

As above, NMSAS Recovery Center provides a great line up of training opportunities as well as ongoing coach check-in and virtual recovery group opportunities. Go to "You Pick Recovery" [Website](#) to find support for your journey in recovery as well as resources for becoming a coach and helping others.

Prevention Resources

[FREE Naloxone Resources](#)

[MDHHS Narcan/Naloxone Placement Map:](#)

Follow this [LINK](#) to access an updated map of free Naloxone resources around Michigan. NMORC does have limited funding available to obtain a Naloxone Distribution Box through our partnership with Harm Reduction Michigan. If you are interested in placing one of these boxes at a certain location, please contact [Joyce Fetrow](#) for more information.

[Ordering Bulk Quantities of Naloxone](#)

Eligible organizations can receive free Naloxone by filling out a PDF form and emailing it to MDHHS to request supplies be mailed to your location. Simply fill out this form: [Naloxone Request Form](#). Once that is done make a pdf of that document, there is a submit button at the top of the page that hasn't ever worked for me, but it also lists an email address to send the completed document. Use the email address listed at the top of the document, you'll thank me later! Here's that email address: MDHHS-NalxneRqst@michigan.gov.

Naloxone for All

Online/By Mail

nextdistro.org/michigan

Face Addiction Now (FAN)

Online/By Mail

FamiliesAgainstNarcotics.org/naloxone

Harm Reduction Michigan

Text or call: 231.493.5124 or by Mail or Personal Delivery at

facebook.com/HarmReductionMI



Northern Michigan Opioid Response Consortium (NMORC) is a project of the Michigan Center for Rural Health (MCRH). This effort was funded through the RCORP grant program under the Health Resources & Services Administration (HRSA). More information on MCRH may be found at: www.mcrh.msu.edu

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