



## **NMORC JUNE Newsletter**

### **6/27/2024**

*Updates and reminders regarding NMORC efforts to support and promote Substance and Opioid Use Disorder events, resources and information. Links provided will connect you to associated pages with more information, such as registration pages, full FOAs, or complete documents.*

### ***In this Newsletter:***

#### ***General Announcements***

- Rural Michigan Opioid and Substance Use Disorder Summit Registration is Open for Attendees and Partner Tables
- Community Recovery Alliance is on the move - also offering Drivers' License Restoration Clinics in July
- MDHHS warns of new drug on the street
- OPEN provides 'phone a friend' option for SUD providers and much more
- FAN rebranding to reflect expanding mission

#### ***General Education, Trainings and Resources***

- NMSAS Recovery Center offers Peer Support Guidance - check it out
- SAMHSA Resource for Community Coalitions
- Never Use Alone Hotline
- Updated Hep C Testing Guidelines
- Recovery Ready Workplace Resource
- New Veteran Safety Plan App
- Opioid Settlement Updates
- ECHO Opportunities from MCRH and SVSU
- Catch My Breath Vaping Prevention

#### ***Recovery and Other Resources***

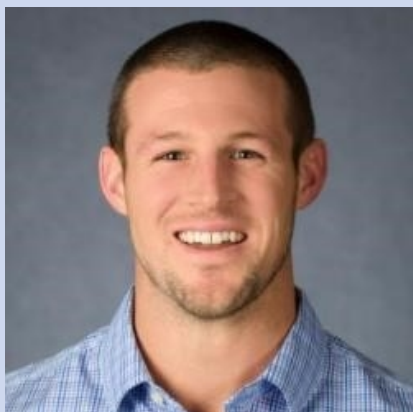
- Young Adults All Recovery Meeting
- Peer Recovery Coaching Services Offered

#### ***Prevention Resources***

- Ordering free bulk Naloxone from MDHHS

- Other FREE Naloxone Resources

## General Announcements



## Annual Rural Michigan OUD/SUD Summit July 25

There's still time to register for the annual 'Rural Michigan Opioid and Substance Use Summit' - but don't delay! This event receives great feedback for the content and opportunities to learn. If your office is empty that day and you can't reach anyone via phone or email, they are likely in Gaylord networking with other people passionate about their work in substance use prevention, treatment, recovery and workforce.

**Dr. Alex Elswick** (above) will be the Keynote Speaker. Dr. Elswick is an Assistant Extension Professor for Substance Use Prevention and Recovery at the University of Kentucky, and an expert in the field. He also co-founded the Lexington-based "Voices of Hope" (VOH), a non-profit organization and Alliance for Recovery Centered Organizations (ARCO) member. He is a tireless advocate for people with substance use disorder who works to promote long-term recovery by providing education in the community, reducing stigma, and studying the effectiveness of recovery support services. He is a person in long-term recovery who has a compelling story that inspires and ignites the spirit.

For more information or to register for the event, please follow this [LINK](#). Both Attendee Registration, Partner Information and Registration and more information can be found on that page, just scroll down to find what fits your need.

## CRA is on the move

Community Recovery Alliance is **moving** to a new temporary office location as of July 1. The new space at 231 State Street, Suite 6, Petoskey, is located just a few short blocks from where the recovery support service first began operations in 2019.

The multi-pathways, peer-led recovery resource

**CRA**  
COMMUNITY RECOVERY ALLIANCE

**Our Office Is**

**Moving**  
to a New Temporary Location on July 1st

231 State St.  
Suite 6  
Petoskey, Mi

Contact information remains the same

Phone: 231.881.9116  
Email: support@crami.com  
coach@crami.com  
Website: www.crami.org



center will continue offering their robust slate of coaching hours, meetings and programs as the space allows. Be sure to check their website ([CRAMI.org](http://CRAMI.org)) or call 231.881.9116 to check out what they have going on.

CRA is also hosting two Drivers' Restoration Clinics in July that are sponsored by NMORC through a federal grant program. The first will be held on July 16 in Petoskey (see [flyer](#)) and the second will be July 18 in Gaylord (see [flyer](#)). There is some prep work if attendees want to meet with a Secretary of State rep, so registration in advance for either venue is recommended. There is no charge for this service but if you need a printed copy of your driving record, there is a \$15 fee. Please feel free to promote this to your clients / colleagues!



## MDHHS Warning: New Drug in Illicit Drug Supply

A recent press release from the Michigan Department of Health and Human Services warns of the dangers of a new drug identified in overdose deaths. The drug, Medetomidine is a veterinary tranquilizer, similar to xylazine, that can cause adverse effects including slow heart rate, low blood pressure and decreases in brain and spinal cord activity. It is not approved for human use.

According to the release, MDHHS is particularly concerned about this drug for the following reasons:

- Medetomidine can cause central nervous system depression and death.
- Like xylazine, medetomidine is not reversed by medications such as naloxone or Narcan.
- Unlike xylazine, testing strips are not yet available for this particular drug.

MDHHS is urging local substance use disorder organizations, health care providers and harm reduction agencies to take action to raise awareness and promote harm reduction practices. Like xylazine, medetomidine may be increasingly found in the illicit drug supply.

To read the full press release, follow this [LINK](#).

## OPEN to help

You have probably already heard that the Michigan Opioid Collaborative (MOC) and the Opioid Prescribing Engagement Network (OPEN) combined operations earlier this year and formerly became the Opioid Prevention Engagement Network - a new OPEN with a combined mission to empower individuals, organizations and communities to change the trajectory of the misuse epidemic.

As a component of this incredible program, OPEN provides connection for



clinicians with questions to 'phone a friend' to get those questions answered. It is a FREE same day, clinician to clinician consultation service that willingly shares tips and evidence-based best practices to expand the scope of service for the clinician and the client!

To get the process started and connect with an expert, a clinician simply needs to fill out and submit this [ONLINE FORM](#).

If you haven't visited the OPEN website, it will be worth your time to check out the vast resources and initiatives available, check it out: [michigan-open.org](http://michigan-open.org).



## Face Addiction Now (FAN) - New Name Helps Define Expanding Mission

If you are a fan of FAN, you may already know that the organization recently rebranded to reflect the nonprofit's evolution and growth. Their aim with this change is to more accurately represent the important work and mission.

According to their website: "Changing "Families" to "Face" acknowledges the many partners now involved in the organization's mission. While initially focused on families, FAN has expanded to help and collaborate with friends, peers, colleagues, partners, and community organizations. The word "Against" was seen as harsh and unforgiving, not aligning with the mission to address addiction stigma with understanding, inclusivity, and comprehensive support. Similarly, "Narcotics" only represented a fraction of the substance use disorders FAN addresses today.

To read more about this exciting development, follow this [LINK](#).

### ***General Education, Training and Resources***

**NMSAS Recovery Center**, located in Gaylord, MI shares their expertise, care, and compassion for recovery in their business office and online. Peer recovery coaching support is a mainstay of their programming so whether you are interested in finding out more about the profession or are a veteran in need of some support, visit their [YouPickRecovery.org](http://YouPickRecovery.org) webpage to find out how you can get connected and help others on their recovery journey!

**SAMHSA's resource** [Engaging Community Coalitions To Decrease Opioid Overdose Deaths Practice Guide 2023](#). Comprehensive tool in revisiting the work of the consortium.

**Never Use Alone Hotline** : National Overdose Prevention Lifeline is available at 1-800-696-1996 (English). Website: [Never Use Alone Inc](http://Never Use Alone Inc).

**Updated Hepatitis C Testing Guidelines**: The CDC updated their Hepatitis C testing guidelines to include infants and children who have been exposed perinatally. [Updated guidelines](#)

**Recovery Ready Workplace Resources**: The White House released a Recovery-Ready Workplace [Toolkit](#) for businesses and a [State Model Law](#) for state governments as part of their efforts to help strengthen the economy and support the more than 44 million American adults who have an SUD.

**Veteran Safety Plan App**: The VA's National Center for PTSD has just announced the release of the Safety Plan app! Safety Plan helps Veterans create a personalized step-by-step action plan to keep themselves safe during a crisis. It is highly customizable and provides access to coping tools, self-assessment measures, and crisis support resources. The Safety Plan app was developed by the National Center for PTSD Mobile Mental Health program with input from the VA Suicide Prevention Program. The app can be recommended to any Veteran who is

at-risk for suicide. The goal of this app is provide Veterans with options to access their Safety Plan in a format that works for them. Select [this link](#) to learn more. Point your device's camera at the QR code to download Safety Plan!

**Opioid Settlement Updates:** The Michigan Association of Counties (MAC) provides updates on opioid settlement dollars disbursement to counties on a monthly basis. For the latest news and resource updates on opioid settlements you can also follow these links:

- [Opioid Settlement Resource Center - The Michigan Association of Counties \(micounties.org\)](#)
- [Opioid Settlement Overview Table](#)

MAC's Amy Dolinky is also available to consult with counties as they plan out their opioid responses. She can be reached at [dolinky@micounties.org](mailto:dolinky@micounties.org).

**Michigan Center for Rural Health** offers a robust docket of educational opportunities for many different professions through Grand Rounds, Project ECHO and EMS Continuing Education. For more information or to see what's on tap, follow this [link](#).

**Saginaw Valley State University Project ECHO** is a program with a focus on Substance Use Disorders (SUD) including treatment, recovery, intervention and prevention. This learning opportunity is designed for any healthcare provider, mental health or substance use disorder professional, social worker, peer recovery specialist, administrator, or student with interest in the program topics.

Project ECHO for Substance Use Disorders (SUD ECHO) is offered along with our partners Recovery Pathways, Bay-Arenac Behavioral Health Authority, Ferris State University and Peer360 Recovery Alliance and provides the latest information and case-based learning in substance use disorder prevention, intervention, treatment and recovery.

To access the flyer with more details on this training, click here: [SUD Project ECHO](#) or an additional link to this program can be found further down in the General Education section of this brief.

**Saginaw Valley State University Project ECHO** for Perinatal Substance Use Disorder (PSUD ECHO), in partnership with Recovery Pathways, LLC, Ferris State University and Peer 360 Recovery Alliance, this effort provides educational information and practice support for healthcare professionals treating those who are pregnant with co-occurring substance use disorder. [Click Here to Register for PSUD ECHO.](#)

**CATCH My Breath** is a peer-reviewed, evidence-based youth vaping prevention program developed by The University of Texas Health Science Center at Houston (UTHealth) School of Public Health. The program provides up-to-date information to teachers, parents, and health professionals to equip students with the knowledge and skills they need to make informed decisions about the use of e-cigarettes, including JUUL and disposable devices. CATCH My Breath utilizes a peer-led teaching approach and meets National and State Health Education Standards. For more information [Click Here](#).

*We hope you find all of the SUD information you need and look forward to seeing you attend our events and educational webinars!*

## ***Recovery and Other Resources***

### **[Young Adults All Recovery Meeting](#)**

Thursdays from 7:00pm-8:00pm - Virtual

Open to young adults (18-30) in Recovery and loved ones regardless of Recovery Pathway!

Zoom Meeting ID: 353 536 5087  
Password: Rule 62

For more information, please contact:  
[BenzieCountyRecovery@gmail.com](mailto:BenzieCountyRecovery@gmail.com)

## [Peer Recovery Coaching Services](#)

As above, NMSAS Recovery Center provides a great line up of training opportunities as well as ongoing coach check-in and virtual recovery group opportunities. Go to "You Pick Recovery" [Website](#) to find support for your journey in recovery as well as resources for becoming a coach and helping others.

## ***Prevention Resources***

### [FREE Naloxone Resources](#)

#### **MDHHS Narcan/Naloxone Placement Map:**

Follow this [LINK](#) to access an updated map of free Naloxone resources around Michigan. NMORC does have limited funding available to obtain a Naloxone Distribution Box through our partnership with Harm Reduction Michigan. If you are interested in placing one of these boxes at a certain location, please contact [Joyce Fetrow](#) for more information.

#### **Ordering Bulk Quantities of Naloxone**

Eligible organizations can receive free Naloxone by filling out a PDF form and emailing it to MDHHS to request supplies be mailed to your location. Simply fill out this form: [Naloxone Request Form](#). Once that is done make a pdf of that document, there is a submit button at the top of the page that hasn't ever worked for me, but it also lists an email address to send the completed document. Use the email address listed at the top of the document, you'll thank me later! Here's that email address: MDHHS-NalxneRqst@michigan.gov.

#### **Naloxone for All**

Online/By Mail  
[nextdistro.org/michigan](http://nextdistro.org/michigan)

#### **Face Addiction Now (FAN)**

Online/By Mail  
[FamiliesAgainstNarcotics.org/naloxone](http://FamiliesAgainstNarcotics.org/naloxone)

#### **Harm Reduction Michigan**

Text or call: 231.493.5124 or by Mail or Personal Delivery at  
[facebook.com/HarmReductionMI](https://facebook.com/HarmReductionMI)



*Northern Michigan Opioid Response Consortium (NMORC) is a project of the Michigan Center for Rural Health (MCRH). This effort was funded through the RCORP grant program*

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