



NMORC May Newsletter

5/29/2024

Updates and reminders regarding NMORC efforts to support and promote Substance and Opioid Use Disorder events, resources and information. Links provided will connect you to associated pages with more information, such as registration pages, full FOAs, or complete documents.

In this Newsletter:

General Announcements

- Rural Michigan Opioid and Substance Use Disorder Summit Registration is Open for Attendees and Partner Tables
- Nominations for the '2024 Recovery Hero Award' now Open - due June 14
- Joyce Fetrow Receives MATCP 2023 Hero Award
- Jail Release Simulation Event a Success
- "Treatment Planning in Behavioral Health" Social Worker Grand Round Series on June 11
- NDB Placed at Otsego County United Way Building
- NOW OPEN: HRSA (Health Workforce) Substance Use Disorder Treatment and Recovery Loan Repayment Program!
- "Dying From Fentanyl" presentation by NMORC Medical Director in Cheboygan, June 4 at 6 PM

General Education, Trainings and Resources

- SAMHSA Resource for Community Coalitions
- Never Use Alone Hotline
- Updated Hep C Testing Guidelines
- Recovery Ready Workplace Resource
- New Veteran Safety Plan App
- NMSAS Recovery Center Connection
- Opioid Settlement Updates
- ECHO Opportunities from MCRH and SVSU
- Catch My Breath Vaping Prevention
- OPEN free webinars, resources and training

Recovery and Other Resources

- Young Adults All Recovery Meeting
- Peer Recovery Coaching Services Offered

Prevention Resources

- Ordering free bulk Naloxone from MDHHS
- Other FREE Naloxone Resources

General Announcements



Registration NOW OPEN for the 2024 RMOSUS!

Drop everything you are doing and register NOW to attend the 2024 Rural Michigan Opioid and Substance Use Summit (RMOSUS) on July 25 at Treetops Resort, Gaylord, Michigan! This year's summit is packed with opportunities to learn, share, and network with behavioral health advocates working in OUD/SUD prevention, treatment and recovery efforts in our rural communities and around the state.

This year the agenda will support our theme: "The Ripple Effect: Create Positive Change" with presentations on topics such as:

- Recovery Capitol;
- Changing the Culture Around Substance Use Disorders;
- The Recovery Friendly Workplace Initiative

Our "Hot Topics and Ask the Doctor" Panel will return by popular demand and we save some of the 'best for last' with a presentation by Jared Welehodsky, JD, the State Assistant Administrator, Office of the Chief Medical Executive, with MDHHS presenting on the "Opioid Task Force and the Impact of Opioid Settlement Dollars" and bringing the event to a close.

For more information or to register for the event, please follow this [LINK](#). Both Attendee Registration, Partner Information and Registration and more information can be found on that page, just scroll down to find what fits your need.

SEE BELOW TO NOMINATE A RECOVERY HERO!

Who is YOUR Recovery Hero?



For more information or to nominate someone, follow this [LINK](#). Scroll down to the "Nomination Form" button.

**NOMINATIONS DUE
BY JUNE 14!**

Who? If a name just popped into your head, nominate them! This award recognizes individuals who advocate for substance use disorder (SUD) and opioid use disorder (OUD) in rural Michigan. To shine a light on those who work to reduce stigma, change cultural norms, and increase access to treatment for those affected by SUD/OUD. This year's winner will be awarded during a special luncheon ceremony:

**2024 Rural Michigan
Opioid & Substance Use Summit
July 25 • Treetops Resort • Gaylord, MI**

**If you know someone who fits this
description – nominate them TODAY!**



Speaking of Heroes ...

Our very own Joyce Fetrow, Director of Northern Michigan Opioid Response Consortium, was recently named a recipient of 'The MATCP Hero Award' for 2023! Joyce received a plaque from Justice Kyra H. Bolden, Michigan Supreme Court, as she was acknowledged on stage in front of more than 1,000 attendees at the Annual Conference of Michigan Association of Treatment Court Professionals (MATCP).



The MATCP Hero Award is given to individuals who have made a significant contribution to a Treatment Court program. Award recipients are nominated by their peers for their hard work, dedication, and commitment to the program and its participants.

**Congratulations,
Joyce!**



Jail Release Simulation Event in Traverse City

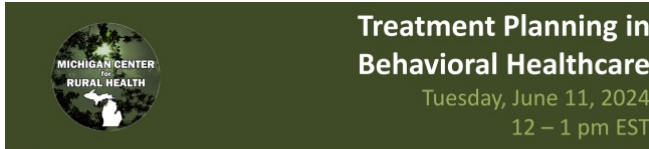
A project that had been in the works since early January finally came to fruition in Traverse City on May 15, and the results were bountiful! Nearly 75 people assembled in the Timothy J Nelson Innovation Center on the campus of Northwestern Michigan College to "walk in the shoes" of someone being released from incarceration. The Reentry Simulation simulates the struggles and challenges faced by individuals who are transitioning from incarceration back into society.

The NMORC team learned about the simulation exercise during a monthly progress call some year or so ago. Subsequent to that and knowing the high percentage of incarcerated persons having behavioral diagnoses such as SUD/OD, a discussion with 'Before, During and After Incarceration', Keys to Freedom, Networks Northwest and the OS Program provided a committee to work on the logistics of bringing the simulation together.

The goal of this simulation is for participants to gain understanding of the significant obstacles faced by men and women attempting to navigate the system upon their release from incarceration and returning home to their communities. The simulation is limited in numbers of participants at any given time, so the initial invitation list included law enforcement, judicial system, funding entities and those who work with this population. To walk in the shoes of one who is returning home gives invaluable insight for professionals who are tasked with helping those individuals achieve a successful reentry.

Over the course of about 1-1/2 hours, participants experience the first month of post-release life. Each participant assumes the identity of an ex-offender and receives a packet of materials, including a "Life Card." The "Life Card" explains the reentrant's criminal background, current living situation, current job situation, and the specific weekly tasks that must be accomplished in order to avoid the risk of being sent back behind bars for non-compliance with the requirements of their supervised release. The simulation begins with an explanation and instructions from the facilitator and the reentrants then set out to try and navigate their new lives. Each week takes place in a 15 minute segment.

In between weeks, participants are asked about their experience ... who remembered to eat? who paid their rent? Discussion on frustrations and who want so quit also come up. After the simulation, participants were invited to have some lunch and come back for the afternoon session where a person with lived experience shared her story that was followed by a panel discussion with people from the community sharing their experiences and ideas for a better tomorrow.



**Social Work: Behavioral Health Series
GRAND ROUNDS**

Speaker:



Gennie Groover, LLMSW
Project Associate
Northern Michigan Opioid
Response Consortium

Target Audience: Social Workers and counselors working in a SUD or Mental Health Setting: Detox/Inpatient Psych, Residential, Partial Hospitalization, Intensive Outpatient, Outpatient.

Continuing Education: CE/CEU credits available for Social Workers and Addiction Professionals

The Michigan Center for Rural Health is an approved provider with the Michigan Social Work Continuing Education Collaborative. Approved Provider Number: MICEC-0070

This session is approved for 1.0 related hours through the Michigan Certification Board for Addiction Professionals.

Learning Outcome:

After attending this session, participants will report an increase in knowledge on writing an individualized, evidenced-based treatment plan that guides the client's treatment, using the assessment in the creation of the treatment plan, monitoring progress throughout treatment, and how the treatment plan relates to the discharge planning process.

Course Outline:

- Introduction to Treatment Plans
- Establishing Goals and Objectives
- Establishing Interventions
- Treatment Plan Monitoring and Reviews
- Ethical Considerations
- Compliance and Reimbursement Considerations
- Tying the Treatment Plan to the Assessment and Discharge Plan

Questions? Contact Renee Calkins: renee.calkins@affiliate.msu.edu

Register Now!

Click the link or scan QR Code

<https://mcrh.msu.edu/education/grand-rounds>



Grand Round Series:

Register Now to attend the next installment of the Social Work: Behavioral Health Series "Treatment Planning in Behavioral Healthcare"

Taking place via Zoom from 12-1 PM on June 11, 2024, this lunchtime session provides Continuing Education for Social Workers and Addiction Professionals!

NMORC's own, Gennie Groover will provide the presentation and answer questions from the audience. Register now via the QR Code or click this [LINK!](#)



NDB at OCUW!

NMORC is happy to announce a new placement of a Naloxone Distribution Box (NDB) at the Otsego County United Way building - also the home offices of NMORC. We are pleased to offer another resource for this lifesaving drug.

Working in conjunction with Harm Reduction Michigan, NMORC has funding available to place 17 boxes in the counties we serve. If you are interested, contact a NMORC Team Member!

NOW OPEN: HRSA (Health Workforce) Substance Use Disorder Treatment and Recovery Loan Repayment Program!



Are you passionate about helping those with substance use disorders? If you are a behavioral health clinician or support worker, clinical support staff, or trained in substance use disorders, you

Check Your Eligibility

To apply, you must meet these basic requirements:

1. United States citizen, national, or permanent resident
2. Fully licensed, credentialed in an eligible discipline, a registered SUD professional
3. Full-time employee at a [STAR LRP-approved facility](#)

can apply to the Substance Use Disorder Treatment and Recovery Loan Repayment Program (STAR LRP) and receive up to \$250,000 in loan repayment. In exchange, you must work full-time for six years in a STAR LRP-approved facility.

Don't miss this opportunity to help others while paying off your loans. The application is open now through June 27 at 7:30 p.m. ET.

[Learn More & Apply Now!](#)

DYING FROM FENTANYL

What you need to know!

**Tuesday, June 4th
6:00pm**

Join Dr. David McGreaham as he discusses Fentanyl deaths, counterfeit pills and teens, the Science of addiction, issues specific to Cheboygan County, current treatment approaches, community innovations, and what you can do to help.

This is a free presentation, registration is not required. All are welcome to attend.



DR. MCGREAHAM

David McGreaham, MD is the medical director of the Northern Michigan Opioid Response Consortium, which covers a 25-county area in Northern Michigan.

Cheboygan Area Public Library

☎ 231-627-2381
🌐 www.cheboyganlibrary.org
📍 100 S Bailey St. Cheboygan MI 49721

Community Presentation:

If you are interested in learning more about the deadly Fentanyl crisis and how we can address it as a community, plan to attend this informative presentation at the Cheboygan Area Public Library. Dr. David McGreaham, NMORC Medical Director, will provide insight, data, and share about the efforts in prevention, treatment and recovery that are helping our communities understand in order to resolve the problem.

**Tuesday, June 4 @ 6 PM
Be there to learn!**

General Education, Training and Resources

SAMHSA's resource [Engaging Community Coalitions To Decrease Opioid Overdose Deaths Practice Guide 2023](#). Comprehensive tool in revisiting the work of the consortium.

Never Use Alone Hotline : National Overdose Prevention Lifeline is available at 1-800-696-1996 (English). Website: [Never Use Alone Inc.](#)

Updated Hepatitis C Testing Guidelines: The CDC updated their Hepatitis C testing guidelines to include infants and children who have been exposed perinatally. [Updated guidelines](#)

Recovery Ready Workplace Resources: The White House released a Recovery-Ready Workplace [Toolkit](#) for businesses and a [State Model Law](#) for state

governments as part of their efforts to help strengthen the economy and support the more than 44 million American adults who have an SUD.

Veteran Safety Plan App: The VA's National Center for PTSD has just announced the release of the Safety Plan app! Safety Plan helps Veterans create a personalized step-by-step action plan to keep themselves safe during a crisis. It is highly customizable and provides access to coping tools, self-assessment measures, and crisis support resources. The Safety Plan app was developed by the National Center for PTSD Mobile Mental Health program with input from the VA Suicide Prevention Program. The app can be recommended to any Veteran who is at-risk for suicide. The goal of this app is provide Veterans with options to access their Safety Plan in a format that works for them. Select [this link](#) to learn more. Point your device's camera at the QR code to download Safety Plan!

Opioid Settlement Updates: The Michigan Association of Counties (MAC) provides updates on opioid settlement dollars disbursement to counties on a monthly basis. For the latest news and resource updates on opioid settlements you can also follow these links:

- [Opioid Settlement Resource Center - The Michigan Association of Counties \(micounties.org\)](#)
- [Opioid Settlement Overview Table](#)

MAC's Amy Dolinky is also available to consult with counties as they plan out their opioid responses. She can be reached at dolinky@micounties.org.

Michigan Center for Rural Health offers a robust docket of educational opportunities for many different professions through Grand Rounds, Project ECHO and EMS Continuing Education. For more information or to see what's on tap, follow this [link](#).

Saginaw Valley State University Project ECHO is a program with a focus on Substance Use Disorders (SUD) including treatment, recovery, intervention and prevention. This learning opportunity is designed for any healthcare provider, mental health or substance use disorder professional, social worker, peer recovery specialist, administrator, or student with interest in the program topics.

Project ECHO for Substance Use Disorders (SUD ECHO) is offered along with our partners Recovery Pathways, Bay-Arenac Behavioral Health Authority, Ferris State University and Peer360 Recovery Alliance and provides the latest information and case-based learning in substance use disorder prevention, intervention, treatment and recovery.

To access the flyer with more details on this training, click here: [SUD Project ECHO](#) or an additional link to this program can be found further down in the General Education section of this brief.

Saginaw Valley State University Project ECHO for Perinatal Substance Use Disorder (PSUD ECHO), in partnership with Recovery Pathways, LLC, Ferris State University and Peer 360 Recovery Alliance, this effort provides educational information and practice support for healthcare professionals treating those who are pregnant with co-occurring substance use disorder. [Click Here to Register for PSUD ECHO.](#)

CATCH My Breath is a peer-reviewed, evidence-based youth vaping prevention program developed by The University of Texas Health Science Center at Houston (UTHealth) School of Public Health. The program provides up-to-date information to teachers, parents, and health professionals to equip students with the knowledge and skills they need to make informed decisions about the use of e-cigarettes, including JUUL and disposable devices. CATCH My Breath utilizes a peer-led teaching approach and meets National and State Health Education Standards. For more information [Click Here.](#)

Overdose Prevention Engagement Network recently merged with the Michigan Opioid Collaborative and Melissa DeMarse, LPC, CAADC is their Behavioral Health Consultant. There are many great things coming out of this organization that we

would like to share:

- **Free Upcoming Events**
- **Free On-Demand Trainings (meets the new DEA SUD training requirements)**
- **Our Many Resources**
- **Patient Consultations**

We hope you find all of the SUD information you need and look forward to seeing you attend our events and educational webinars!

Recovery and Other Resources

Young Adults All Recovery Meeting

Thursdays from 7:00pm-8:00pm - Virtual

Open to young adults (18-30) in Recovery and loved ones regardless of Recovery Pathway!

*Zoom Meeting ID: 353 536 5087
Password: Rule 62*

For more information, please contact:
BenzieCountyRecovery@gmail.com

Peer Recovery Coaching Services

NMSAS Recovery Center provides a great line up of training opportunities as well as ongoing coach check-in and virtual recovery group opportunities. Go to "You Pick Recovery" [Website](#) to find support for your journey in recovery as well as resources for becoming a coach and helping others.

Prevention Resources

FREE Naloxone Resources

Ordering Bulk Quantities of Naloxone

Eligible organizations can receive free Naloxone by filling out a PDF form and emailing it to MDHHS to request supplies be mailed to your location. Simply fill out this form: [Naloxone Request Form](#). Once that is done make a pdf of that document, there is a submit button at the top of the page that hasn't ever worked for me, but it also lists an email address to send the completed document. Use the email address listed at the top of the document, you'll thank me later! Here's that email address: MDHHS-NalxneRqst@michigan.gov.

Naloxone for All

Online/By Mail
nextdistro.org/michigan

Families Against Narcotics (FAN)

Online/By Mail
FamiliesAgainstNarcotics.org/naloxone

Harm Reduction Michigan

Text or call: 231.493.5124 or by Mail or Personal Delivery at
[facebook.com/HarmReductionMI](https://www.facebook.com/HarmReductionMI)



Northern Michigan Opioid Response Consortium (NMORC) is a project of the Michigan Center for Rural Health (MCRH). This effort was funded through the RCORP grant program under the Health Resources & Services Administration (HRSA). More information on MCRH may be found at: www.mcrh.msu.edu

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